

PMH Critical Thinking Sheet

DSM-5 Diagnosis and Brief Pathophysiology:	Therapeutic Communication & Nurse Patient Relationship:	Plan of Care:
MAJOR DEPRESSIVE DISORDER DSM-5 Criteria for your patient's diagnosis: serious mental health condition that impacts pts mood > 5 or more depressive symptoms in 2wk period	Communication strategy: active listening clear communication time to answer Stage of nurse-patient relationship: orientation phase Therapeutic communication techniques appropriate for this patient: time to express feelings respectful voice eye contact active listening Communication approaches to avoid: "why" harsh language sarcastic humor statement that minimize pt feeling	Patient problem: risk for suicide Related to (etiology): at risk for self inflicted life threatening injury As evidenced by (signs & symptoms): Outcome/Goal: Current Treatment & Interventions: 1. formulate short term verbal or written contract that pt wont harm self 2. safe environment for client 3. Special care when give meds - prevent saving up meds for overdose Rationale: discuss suicide feeling w trusted individual Rationale: Safety is a priority 4. spend time with client - feeling of safety and security letting pt feel worthwhile
Psychosocial Stressors (Legal, Environmental, Relational, Developmental, Educational, Substance Use, etc.) not understanding pt feelings husbands		