

Student Name:
Date:

Ginevie Martinez

11-5-25

Instructional Module 6
Magnolia Doula Community Clinical Experience

1. What did you learn from observing the doula that you could apply in your own nursing practice?

I learned how to be a true advocate for a mother in labor and how important that role is.

2. What role did the doula play in informed decision-making and patient autonomy?

A doula educates patients on the many options and rights they have for prenatal and intrapartum care. A doula also helps their patient plan their birth while also making sure it is the safest option for mom and baby.

3. How do you think having a doula impacted the patient's birth experience and outcomes?

I think having a doula helps the patient feel safe, heard, and grounded. This is the one person in the room that can take care of the mom in a way no one else can. The doula reminds mom of her birthing plan, techniques, positioning, advocates, and reassures mom if the initial plan has to be changed. I believe women may have an overall great experience with a doula by their side.

4. How can nurses and doulas work together effectively to provide optimal care?

Doulas and nurses can work together by understanding each other's roles during the labor process, along with respecting the patient's birthing plan.

5. What non-medical comfort measures did the doula use or discuss with the patient?

I learned a few different ways to apply counterpressure on the patient during contractions, along with different positions the patient can move into to help relieve pressure.

6. How did the doula address the patient's cultural, spiritual, or personal values during labor?

The doula will ask about the patients values during their initial visit so that way it is to be respected throughout the patients pregnancy, delivery, and post partum.

7. Were there any moments where the doula acted as an advocate for the patient? Describe.

Doulas are very much an advocate for their patient by making sure the birthing team is aware of the patient's birthing plan and that it is respected

8. How did observing a doula influence your perspective on the labor and birth process?

It helped me realize how important this role is throughout pregnancy and delivery. I wish it was an option for every pregnant woman. It is a selfless and caring role.

9. What surprised you most about the doula's role?

The amount of support they offer surprised me. I've heard of postpartum doulas but to have someone help plan and support such a special moment in your life is so amazing to have.

10. How did the doula demonstrate professionalism in her interaction with the patient, family & healthcare team? Provide specific examples and reflect on how this influenced your understanding of professional behavior in a birth setting.

She made it very clear that in this role you completely respect a mothers wishes in what they want to do with their pregnancy, delivery, and baby as long as it is safe for both mom and baby. This role is to help mom feel heard and empowered.

IM6 Student Learning Outcomes				
Safety & Quality	Clinical Judgment	Patient Centered Care	Professionalism	Communication & Collaboration
Formulate a plan of care for the childbearing family, and the patient with mental health	Demonstrate clinical judgment using evidence-based data in making clinical decisions for the	Demonstrate family centered care based on the needs of the childbearing family, and the	Relate knowledge, skills, and attitudes required of the professional nurse by advocating and	Communicate and collaborate effectively with patients, family, and members of the

<i>disorders using evidence-based practice, safety, and quality principles.</i>	<i>childbearing family, and the patient with mental health disorders.</i>	<i>patient with mental health disorders.</i>	<i>providing care to the childbearing families, and the patient with mental health disorders.</i>	<i>interdisciplinary team in the childbearing family, and the patient with mental health disorders.</i>
---	---	--	---	---

Safety & Quality: I learned how the doulas use a questionnaire for new patients so they know exactly what the families wishes are and what education they may want/need regarding the many options that are available for delivery

Clinical Judgment: available for delivery

Patient Centered Care:

Professionalism:

Communication & Collaboration: MS. Emily allowed me to join in on her monthly zoom meeting with all of the other doulas she works with and they talked about what they can improve on and shared each others recent birth stories.

OB Community Verification Sheet
Instructional Module: IM 6

Student Name:

Please call the CSON Instructor(s) should you have any additional comments regarding the student's performance and/or participation today.

Instructor Contact Information:

Gracie Nuttall – (806) 724-5445 or Office (806) 725-8934
 Rachel Soliz – Cell (806) 781-0689 or Office (806) 725-8910

Community Site: _____ **Date:** _____

Student's Arrival Time: _____ **Departure Time:** _____

Printed Name of Staff: _____

Signature: _____

Community Site: _____ **Date:**

Student's Arrival Time: _____ **Departure Time:**

Printed Name of Staff: _____

Signature: _____

Community Site: _____ **Date:**

Student's Arrival Time: _____ **Departure Time:**

Printed Name of Staff: _____

Signature: _____

Adopted: October 2016