

Student Name: Lawson Sullivan

## Outpatient Preparation Worksheet - OB Simulation

This section is to be completed prior to Sim Day 1:

|                                                                                                                       |                        |                                        |             |             |              |                                   |             |             |  |
|-----------------------------------------------------------------------------------------------------------------------|------------------------|----------------------------------------|-------------|-------------|--------------|-----------------------------------|-------------|-------------|--|
| Patient Initials: <u>SR</u>                                                                                           |                        | Date of Admission: <u>Today @ 0600</u> |             |             |              |                                   |             |             |  |
| EDD: <u>12/8/XX</u>                                                                                                   | Gest. Age: <u>36wk</u> | G: <u>1</u>                            | P: <u>0</u> | T: <u>0</u> | PT: <u>0</u> | AB: <u>0</u>                      | L: <u>0</u> | M: <u>0</u> |  |
| Blood Type / Rh: <u>O+</u>                                                                                            |                        | Rubella Status: <u>Immune 4/13</u>     |             |             |              | GBS Status: <u>negative 10/13</u> |             |             |  |
| Complication with this or Previous Pregnancies:<br><u>infant bleed @ 35w, scheduled for version @ 36wk</u>            |                        |                                        |             |             |              |                                   |             |             |  |
| Chronic Health Conditions:<br><u>N/A, family etc</u>                                                                  |                        |                                        |             |             |              |                                   |             |             |  |
| Allergies:<br><u>NKDA</u>                                                                                             |                        |                                        |             |             |              |                                   |             |             |  |
| Current Medications:<br><u>Sudafed Tylenol, Prenatal Vitamins + DHA</u>                                               |                        |                                        |             |             |              |                                   |             |             |  |
| Patient Reported Concern Requiring Outpatient Evaluation:<br><u>in for bleed @ 35wk</u>                               |                        |                                        |             |             |              |                                   |             |             |  |
| What PRIORITY assessment do you plan based on the patient's reported concern?<br><u>Lepid's Movement, or FHR stop</u> |                        |                                        |             |             |              |                                   |             |             |  |

## Pharmacology

Review patient home medications and any drug(s) ordered for the outpatient.

| Medications                                                      | Pharm. Class                                                         | Mechanism of Action in OWN WORDS                                                                              | Common Side Effects                                                                              | Assessments/Nursing Responsibilities                                                                                                               |
|------------------------------------------------------------------|----------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------|
| <u>Sudafed</u><br><u>Pseudoephedrine</u><br><u>Acetaminophen</u> | <u>alpha/beta agonist/decongestant</u><br><u>nonopioid analgesic</u> | <u>Stimulates nasal mucosa causing vasoconstriction</u><br><u>inhibits chemical reaction of pain pathways</u> | <u>decreases restlessness</u><br><u>trouble sleeping</u><br><u>↑ liver enzymes</u><br><u>SSS</u> | <u>Still on it? FHR stop the how long?</u><br><u>fill, orthostatic &amp; BP</u><br><u>Overall health assessment</u><br><u>Max dose 4000mg/24hr</u> |
| <u>Tylenol</u>                                                   | <u>Acetaminophen</u>                                                 | <u>Relaxes uterine smooth muscle</u>                                                                          | <u>decreases liver enzymes</u><br><u>↑ liver enzymes</u><br><u>↑ liver enzymes</u>               | <u>W/ FHR ... monitor for BS</u><br><u>VC</u><br><u>I/O and/or</u><br><u>assess for bleeding</u>                                                   |
|                                                                  |                                                                      |                                                                                                               |                                                                                                  |                                                                                                                                                    |

Student Name: Lawson Sullivan

## Pathophysiology

Interpreting clinical data - state the pathophysiology of the reported problem in your own words.

Make sure to include both the maternal and fetal implications

| Medical/Obstetrical Problem | Pathophysiology of Medical/Obstetrical Problem                                                                                         |
|-----------------------------|----------------------------------------------------------------------------------------------------------------------------------------|
| Emergency USMish            | baby is feet first, can cause emergency c/s, Prolapsed labor, excessive bleeding                                                       |
| Fetal/Newborn Implications  | Pathophysiology of Fetal/Newborn Implications                                                                                          |
| Breech Presentation         | baby feet first, can cause umbilical cord prolapse, head/shoulder entrapment injuries to baby, birth asphyxia, intracranial hemorrhage |

## Problem Recognition

for External Version

Based on the patient's reported concern, answer each question in the table below.

| Question                                                                          | Most Likely Maternal Complication | Worst Possible Maternal Complication | Most Likely Fetal/Complication               | Worst Possible Fetal/Complication  |
|-----------------------------------------------------------------------------------|-----------------------------------|--------------------------------------|----------------------------------------------|------------------------------------|
| Identify the most likely and worst possible complications.                        | Pain/discomfort                   | Placental abruption                  | Disrupted a/b normal FHR pattern, little EFM | umbilical cord prolapse            |
| What assessments are needed to identify complications early?                      | Pain assessment                   | Fundal palpation                     | EFM                                          | oblique cord FHR ↓ fetal impedance |
| What nursing interventions will the nurse implement if the complication develops? | Roll M2 monitor                   | bed rest IV morphine                 | continuous fetal/maternal monitoring         | Vag exam/hot procedure for c/s     |

## Nursing Management of Care

Identify the nursing priority after interpreting clinical data collected for this outpatient evaluation.

List three priority nursing assessment/interventions specific to the patient concern. Include a rational and expected outcome for each.

| Nursing Priority                    | monitor fetal/maternal well being             |                                                      |
|-------------------------------------|-----------------------------------------------|------------------------------------------------------|
| Goal/Outcome                        | mother is well and fetus is cephalic and well |                                                      |
| Priority Assessment/Intervention(s) | Rationale                                     | Expected Outcome                                     |
| 1. US/EFM                           | 1. We need to monitor FHR and maternal BP/HR  | 1. there are some changes but overall good           |
| 2. NST/stress test                  | 2. Monitor fetal well being and US            | 2. FHR variability + accelerations present some time |
| 3. Leopold's                        | 3. Ensure baby is in position<br>+            | 3. baby in breech pre cephalic pos                   |