

## Breanne Torres | MidTerm Reflection| IM8

I was nervous to start out my clinical shifts on CICU, but I feel much more confident than I did on the first day. The staff are all very helpful and answer any questions I have throughout the day. I do still ask questions regarding the care I am giving, and my preceptor assists me to his best ability. I feel my confidence building with every shift.

I feel confident in most of my medication administration skills. I feel as though I can complete a thorough assessment. Every morning, I look through my patients' chart in order to further understand their diagnosis and the medication I will be giving. I feel as though it improves my patient care because I can research new material before my interaction with them and I can feel confident in the care I am giving.

I would like to improve my overall efficacy throughout the shift. I have noticed there are times where cluster care would be beneficial, but in the moment I struggle with it. I also could be better at anticipating the needs of my patients. I am developing my charting for one patient, but I would like to learn to time manage for both patients I am assigned to.

So far, I have learned to trust the knowledge I have gained so far, but to also ask questions when needed. I continue to gain confidence in myself because I have the capability to be a nurse, but I question myself sometimes. I went into my preceptorship expecting a very overwhelming transition, but I have managed better than I expected.

I will continue to apply the knowledge I have and continue asking questions when I need to. I want to be a very safe nurse so doing a thorough assessment and chart review will improve my patient care. I will continue to be safe during medication administration. I will continue to have effective patient communication.