

NAME: \_\_\_\_\_

DATE: \_\_\_\_\_

**POST-CLINICAL REFLECTION OB Simulation Reflection - due on Thursday by 2359**

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
What feelings did you experience in clinical?  Why?	I felt stress and very overwhelmed. I felt this way because there was lots of worry and concern from patient and patient's family. I also just felt I was moving too slow.
What did you already know and do well as you provided patient care?	I knew to do a vaginal exam and to check the pt vitals and sugar as they were risk of preeclampsia and gestational diabetes.
What areas do you need to develop/improve?	Being faster and being more prepared for anything.
What did you learn today?	I learned that having a good team will save you lots of stress and to always check 3x if your meds and IV pumps are set right.
How will you apply what was learned to improve patient care?	Check the pump and order. Also be more speedy.
Please <b>reflect</b> on how your OB simulation learning experience assisted in meeting 2-3 of the <b>Student Learning Outcomes</b> .	<ol style="list-style-type: none"> <li>1. Patient Centered care- I was able to guide patient and also relieve patient of any stressors or worries they may have by providing resources and prioritizing my patient.</li> <li>2. communications between my patient, their family, and I were established and questions were answered on all ends.</li> <li>3.</li> </ol>

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