

Student Name: Olivia Samarripas

Date: 10/28/25

Instructional Module 6

Magnolia Doula Community Clinical Experience

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1. What did you learn from observing the doula that you could apply in your own nursing practice?

One of the biggest rules that Doula's play is being a patient advocate, this is something that every nurse can apply to practice no matter the job you have, and I would love to be that for someone

2. What role did the doula play in informed decision-making and patient autonomy?

me and my Doula did not interact with any patient during my clinical, but she explained that when questions arise with patient, they provide knowledge on important decisions so that the patient can be informed and make the best decision for herself and her baby one example my Doula gave me is when being asked about the vitamin K injection. They provide both stances and allow the patient to decide fully.

3. How do you think having a doula impacted the patient's birth experience and outcomes?

As I said me and my Doula did not interact with patients but she explained to me that having a Doula statistically improves birthing outcomes. The following article explains how having a Doula It can decrease unwanted cesarean births, preterm deliveries, and chances of postpartum depression.
<https://pmc.ncbi.nlm.nih.gov/articles/PMC10292163/>

4. How can nurses and doulas work together effectively to provide optimal care?

Nurses and Doula's work in tandem to ensure the best outcome of a patient's delivery, nurses can support doula's by helping them with patient positioning, and making sure that the patient requests are met within reason, and example of this is the Doula and nurse explaining to the doctor the wishes of the patient for things like court, clamping keeping the placenta and other accommodations the mother would like. (music, twinkle lights overall mood of the room, etc) having a doula is great in the way that there is more than one patient advocate in the room if you can include the nurse!

5. What non-medical comfort measures did the doula use or discuss with the patient?

Doulas provide non-medical comfort measures, such as emotionally being there for the patient and the partner, being the mood setter of the room like mentioned above! at Magnolia, they have a whole list of common birth requests that they have mothers and partners fill out so that during their birth, they can be fully present and leave all other details to the Doula.

6. How did the doula address the patient’s cultural, spiritual, or personal values during labor?

Referring back to the large list that Magnolia has available for parents birth plans it accounts and allows for patients to describe any and all cultural, spiritual and personal values so that the Doula can put them into practice, I did not get to see this in action as there was no laboring moms But I think the list was very inclusive. Alongside the list called “The giant list of birth options” there’s other forms that the patients and family can fill out describing more about them!

7. Were there any moments where the doula acted as an advocate for the patient? Describe.

Unfortunately, I did not get to experience this in action due to no laboring moms, but I can see how Doulas would be effective as patient advocates,

8. How did observing a doula influence your perspective on the labor and birth process?

Talking with my Doula and watching her guide me through some birthing positions for moms and for preparing for labor (spinning baby’s), showed me just how customizable your birth can really be depending on how open you are to trying different things there’s a lot of ways Doulas can improve your birthing process, and it also made me realize that labor doesn’t have to be just you and your partner, you can have someone else there to support you during the most vulnerable time of your life.

9. What surprised you most about the doula’s role?

My knowledge on Doulas was very limited prior to this clinical so I think seeing all that they can do for you was really surprising, I don’t know anybody that has used a Doula and now I think I’m a fan!

10. How did the doula demonstrate professionalism in her interaction with the patient, family & healthcare team? Provide specific examples and reflect on how this influenced your understanding of professional behavior in a birth setting.

I did not get to see my Doula interact with a patient family or the healthcare team.

But she explained to me that she would work closely with family or the healthcare team. But she explained to me that she would ensure that the patient has heard throughout the birthing process.

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IM6 Student Learning Outcomes				
Safety & Quality	Clinical Judgment	Patient Centered Care	Professionalism	Communication & Collaboration
<i>Formulate a plan of care for the childbearing family, and the patient with mental health</i>	<i>Demonstrate clinical judgment using evidence-based data in making clinical decisions for the</i>	<i>Demonstrate family centered care based on the needs of the childbearing family, and the</i>	<i>Relate knowledge, skills, and attitudes required of the professional nurse by advocating and</i>	<i>Communicate and collaborate effectively with patients, family, and members of the</i>

<i>disorders using evidence-based practice, safety, and quality principles.</i>	<i>childbearing family, and the patient with mental health disorders.</i>	<i>patient with mental health disorders.</i>	<i>providing care to the childbearing families, and the patient with mental health disorders.</i>	<i>interdisciplinary team in the childbearing family, and the patient with mental health disorders.</i>
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Safety & Quality:

My Doula explained to me how she promotes safety and quality by always having families prepare a back up plan . This allows for patients to still have a voice should things not go the exact way they want them to, they still leave the experience feeling like they had some say due to accounting for the “undesired outcomes” such as having a cesarean when planning for a vaginal birth. I was able to look at birth plans patients have filled out and look at one myself and think about what I would consider should an emergency arise. At Magnolia they really have thought of everything and the list was extensive.

Clinical Judgment:

Patient Centered Care:

Professionalism:

Communication & Collaboration:

OB Community Verification Sheet

Instructional Module: IM 6

Student Name:

Please call the CSON Instructor(s) should you have any additional comments regarding the student’s performance and/or participation today.

Instructor Contact Information:

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Community Site: _____ **Date:**

Student’s Arrival Time: _____

Departure Time:

Printed Name of Staff: _____

Signature: _____