

PMH CSON Student Community Site Verification Form  
Covenant   
School of Nursing

**Instructional Module: IM 6**

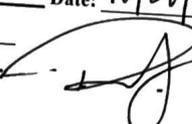
Student Name: \_\_\_\_\_

**Instructor Contact Information:**

Annie Harrison - (806) 224-3078  
Jaynic Maya - (806) 928-8753

Community Site: Aspire

Student's Arrival Time: 1100      Departure Time: 1500      Date: 10/28/25

Printed Name of Staff: Rita Cruz      Signature: 

Community Site: \_\_\_\_\_ Date: \_\_\_\_\_

Student's Arrival Time: \_\_\_\_\_ Departure Time: \_\_\_\_\_

Printed Name of Staff: \_\_\_\_\_ Signature: \_\_\_\_\_

Community Site: \_\_\_\_\_ Date: \_\_\_\_\_

Student's Arrival Time: \_\_\_\_\_ Departure Time: \_\_\_\_\_

Printed Name of Staff: \_\_\_\_\_ Signature: \_\_\_\_\_

Community Site: \_\_\_\_\_ Date: \_\_\_\_\_

Student's Arrival Time: \_\_\_\_\_ Departure Time: \_\_\_\_\_

Printed Name of Staff: \_\_\_\_\_ Signature: \_\_\_\_\_

Community Site: \_\_\_\_\_ Date: \_\_\_\_\_

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Printed Name of Staff: \_\_\_\_\_ Signature: \_\_\_\_\_

## Aspire, AA and Oceans Reflection (300 word minimum)



<p style="text-align: center;"><b>Safety &amp; Quality</b></p> <p>Describe anything you accomplished to maintain a safe, quality environment</p>	<p>Overall, I really enjoyed this experience. Everyone was so welcoming and genuinely happy to have us there. When we arrived, we spoke with the owner about his goals and vision for each of their patients.</p>
<p style="text-align: center;"><b>Clinical Judgment</b></p> <p>As you listened during group, how were you able to integrate classroom knowledge with what the patient/therapist were discussing:</p> <ul style="list-style-type: none"> <li>• What can you apply to this situation from your previous knowledge?</li> <li>• Can you apply these learnings to other events? How can you use this to further improve your practice in the future?</li> <li>• What have you learned from clinical?</li> </ul>	<p>Initially, <u>all</u> of the guys went around and introduced themselves, sharing why they were there. They were very open about their experiences, which made the environment feel honest and supportive. At first, the group setting felt a bit overwhelming since we were the only girls in the room, and I wasn't quite sure what to expect. As the session went on, we discussed different coping strategies and how to handle situations involving temptation or peer pressure.</p>
<p style="text-align: center;"><b>Patient Centered Care</b></p> <p>Identify one client in the group, what concerns, recommendations/interventions would you suggest?</p>	<p>After we finished group, one specific patient really stood out to me. During the discussion, the group talked about how their feelings had changed from when they first began their addiction to where it eventually led them. When this patient reflected on the "good" aspects of his addiction, it triggered a desire to return to his old habits. The therapist then explained that this was <u>actually the goal</u> of the session — to recognize those temptations, but also to focus on the negative consequences of addiction, such as the loss, health issues, or criminal records that can result from it.</p>
<p style="text-align: center;"><b>Professionalism</b></p> <p>How did you maintain professionalism? You can review your clinical evaluation for ideas (What has this taught you about professional practice? About yourself?)</p>	<p>I maintained professionalism by introducing myself during the group introductions and sharing that addiction runs in my family. I believe this helped build a sense of trust and connection with the group, allowing for more open and genuine conversation. We then discussed how addiction is more common than many people realize and how it's something that many individuals can relate to in some way.</p>

<p style="text-align: center;"><b>Communication &amp; Collaboration</b></p> <p>Describe how you utilized therapeutic communication/collaboration</p>	<p>I utilized therapeutic communication by sitting back and allowing the patients to take the lead in conversation, giving them space to express their thoughts, concerns, and emotions openly. I maintained active listening,</p>
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more common than many people realize and now it's something that many individuals can relate to in some way.

<p><b>Communication &amp; Collaboration</b> Describe how you utilized therapeutic communication/collaboration</p>	<p>I utilized therapeutic communication by sitting back and allowing the patients to take the lead in conversation, giving them space to express their thoughts, concerns, and emotions openly. I maintained active listening, used open body language, and provided supportive feedback when appropriate, which helped build trust and encouraged more honest sharing within the group setting.</p>
<p><b>Feelings</b></p> <ul style="list-style-type: none"><li>• How were you feeling at the beginning?</li><li>• What were you thinking at the time?</li><li>• How did the event make you feel?</li><li>• What did the words or actions of others make you think?</li><li>• How did this make you feel?</li><li>• How did you feel about the outcome?</li><li>• What is the most important emotion or feeling you had?</li></ul>	<p>Going into Aspire, I didn't know what to expect since I had been at Ocean's the week before. I approached the experience with a positive mindset and was eager to see what the atmosphere would be like. From the beginning, I felt very welcomed—the staff provided lunch, and the guys invited us to play pool and ping pong with them. They even mentioned that our willingness to jump right in and participate made them feel more comfortable. Overall, I was very pleased with the entire experience. I really appreciated their approach to treatment, allowing patients to have access to their phones, cook for themselves, and enjoy recreational activities like swimming. It seemed to provide multiple healthy outlets that helped <u>each individual</u> manage their emotions in a way that worked best for them.</p>
<p><b>Evaluation</b> What stood out the most about Aspire, AA, or Oceans</p>	<p>What stood out to me at Aspire was that the owner is a recovering addict himself, which allows him to connect with his patients on a much deeper and more meaningful level. I also noticed that the patients have access to many aspects of the outside world, such as their cell phones, vehicles, attending outside AA meetings, and even going out to dinner at Market Street once a week. While I think it can be challenging to maintain recovery with that level of freedom, it also seems to make the transition back into society much easier and more realistic.</p>