

POST CLINICAL REFLECTION DAY 1

This exercise strengthens your clinical judgment skills.

Reflect on your clinical day and the decisions you made caring for this patient by answering the questions below.

Day 1 Reflection Questions	Student Nurse Reflection
What feelings did you experience in clinical today? Why?	When I first began my clinicals in the ED, I felt very nervous since I knew I would have to start doing all the nursing skills now. As the days progressed, I had not only my preceptor, but many other people teaching how to do things like an NG tube, foley catheter, and IV insertions. Having their support and guidance has made me feel more comfortable and confident to do these things on my own.
What did you already know and do well as you provided patient care today?	I already knew how to administer medications through different routes such as oral, IM, and topical, so these are things I was comfortable doing. Providing medications was probably what I was most confident in doing and that I feel I did well.
What areas do you need to develop or improve?	Although I have done all the nursing skills and administering medications, I feel as though I need to work on patient education. For example, I would say what the medications I was giving was for, but I struggled to provide side effects or important teaching off the top of my head. I also need to work on educating why we are doing certain interventions to keep the patient informed and involved in their care.
What did you learn today?	I have learned how to explain an IV insertion and decrease anxiety with the insertion for a child. I have also learned that propofol needs a different kind of tubing to be primed with since it is a thicker substance, and that it is important to determine if a diagnosis is new for a patient to make sure they get the proper education.
How will you apply what was learned to improve your patient care?	I will try to learn more extensive patient education on medications and diseases so that I can properly explain things to patients, so they will be able to care for themselves at home.