Outpatient Preparation Worksheet - OB Simulation
This section is to be completed prior to Sim Day 1:

Patient initials: CW					Date of Admission:			
EDD: 8/10	Gest. Age 38 2|7 wks	G 3	P 2	T 2	PT	AB	L 1	M
Blood Type / Rh: 0 -		Rubella Status: immune				GBS Status: negative		

Complication with this or Previous Pregnancies:
Previous: Gestational diabetes, HTN, PPD, Stillbirth (IUFD)
Current: protein in urine, edema (face, H, hands), Gestational diabetes, BP ↑

Chronic Health Conditions: Maternal Obesity
↳ Highrisk Gestational diabetes, HTN, pre-eclampsia, C-section

Allergies: morphine

Current Medications: PNV, Acetaminophen, Sucralled, Novolog
↳ Sliding Scale

Patient Reported Concern Requiring Outpatient Evaluation:
decreased fetal movement

What PRIORITY assessment do you plan based on the patient's reported concern?
(EFM) FHR & UC, maternal VIS, maternal BG

Pharmacology
Review patient home medications and any drug(s) ordered for the outpatient.

Medications	Pharm. Class	Mechanism of Action in OWN WORDS	Common Side Effects	Assessments/Nursing Responsibilities
PNV	vitamin	increase vitamins + minerals in body	constipation nausea	↑fiber, ↑fluids, ↑movement take w/ food encourage adherance
Acetaminophen	analgesic anti pyretic	lower fever + pain by blocking enzymes in brain	GI upset nvid	report abd discomfort, nvid do not exceed 4000mg/day assess + monitor pain/fever dont take at bedtime
Sucralled	decongestant	Vasoconstriction of blood vessels in nose	insomnia dizzyness pulse	get up slowly ↑fluids
Novolog	rapid insulin	lowers blood sugar	hypoglycemia	assess blood glucose give w/ food monitor for hypoglycemia

Student Name:_____

Pathophysiology

Interpreting clinical data - state the pathophysiology of the reported problem in your own words.
Make sure to include both the maternal and fetal implications

Medical/Obstetrical Problem	Pathophysiology of Medical/Obstetrical Problem
Preeclampsia	maternal HTN puts mom at risk for preeclampsia which can cause placental insufficia
Fetal/Newborn Implications	**Pathophysiology of Fetal/Newborn Implications**
decreased blood flow	placental insufficiency leads to ↓ blood flow to baby & causes hypoxia & respiratory problems

Problem Recognition

Based on the patient's reported concern, answer each question in the table below.

Question	Most Likely Maternal Complication	Worst Possible Maternal Complication	Most Likely Fetal/ Complication	Worst Possible Fetal/ Complication
Identify the most likely and worst possible complications.	hyperglycemia HTN	death	macrosomia	IUFD
What assessments are needed to identify complications early?	vital signs blood sugar	vital signs	blood sugar	FHR Fetal movements
What nursing interventions will the nurse implement if the complication develops?	BP meds Insulin	early monitoring	manage blood sugars	early monitoring

Nursing Management of Care

Identify the nursing priority after interpreting clinical data collected for this outpatient evaluation.
List three priority nursing assessment/interventions specific to the patient concern. Include a rational and expected outcome for each.

Nursing Priority	Stop preeclampsia from progressing		
Goal/Outcome	Baby oxygenation, Safe delivery, mom BP ↓		
Priority Assessment/Intervention(s)	**Rationale**		**Expected Outcome**
1. blood pressure	1. preeclampsia		1. manage BP
2. EFM	2. fetal movement		2. Accelerations
3. blood Sugar	3. gestational diabetes		3. normal blood sugar

Student Name:_____

Outpatient Evaluation Orders

1. Admit as Outpatient to the OB Triage assessment center
2. Vital signs on admission as needed
3. Fetal Heart Monitor obtain 20-30 minute strip to evaluate fetal status
4. Non-Reassuring Fetal Heart Rate Patterns implement Intrauterine resuscitation and notify provider
5. Monitor uterine activity to evaluate for labor status
6. Cervical exam if no active bleeding or history of placent previa to determine Labor or SROM (no nitrazine test prior to use of lubricant)
7. Notify provided of evaluation for admission or discharge orders

   Physician Signature: *Baby Delivery, MD*   Date &Time: Today @ 0600

<mark>This Section is to be completed in the Sim center- do not complete before!</mark>

Fetal Assessment:	
Position determined by Leopolds _____	
Place an **X** in the circle to document point or maximum impulse for FHR	

Time	Temp	B/P	P	R	Uterine Activity Freq / Dur. / Str.	Dil. / Efa. / PP / Stat cm / % / /	FHR /Var. /Acel. / Decl.	Pain	Comments