

Aspire, AA and Oceans Reflection (300 word minimum)

Safety & Quality

Describe anything you accomplished to maintain a safe, quality environment

to maintain a safe environment that allowed people to share I had an open and inviting posture

Clinical Judgment

As you listened during group, how were you able to integrate classroom knowledge with what the patient/therapist were discussing:

During our discussion the different theories and therapies came into play in our discussion and when observing how different way of handling problems resigned with different members of the group even myself.

- What can you apply to this situation from your previous knowledge?
- Can you apply these learnings to other events? How can you use this to further improve your practice in the future?
- What have you learned from clinical?

I learned alot about how sometimes medicine dose not see addiction as a disease, which negatively impacts the way these patients are treated.

Patient Centered Care

Identify one client in the group, what concerns, recommendations/interventions would you suggest?

I would suggest to this client to have more faith and hope in their journey to be loved and want to love.

Professionalism

How did you maintain professionalism? You can review your clinical evaluation for ideas

I maintain professionalism by actively listening to the clients and group when they discussed their concerns

(What has this taught you about professional practice? About yourself?)

I collaborated in the group discussion voicing my out look on different topics.

Communication & Collaboration

Describe how you utilized therapeutic communication/collaboration

Feelings

- How were you feeling at the beginning?
- What were you thinking at the time?
- How did the event make you feel?
- What did the words or actions of others make you think?
- How did this make you feel?
- How did you feel about the outcome?
- What is the most important emotion or feeling you had?

in the beginning I honestly did not what to attend, but as the night continued I learned so much about the group, about addiction, and about myself, and for once in my whole nursing school journey I found where I wanted to be, and the community I was meant to serve.

Evaluation

What stood out the most about Aspire, AA, or Oceans

how kind and nice everyone was. this is not how I pictured addiction and recovery.