

NAME: Crystal Mendoza

DATE: 10-22-25

POST-CLINICAL REFLECTION OB Simulation Reflection - due on Thursday by 2359

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
<p>What feelings did you experience in clinical?</p> <p>Why?</p>	<p>overall, I felt more confident after my scenerio and truly felt more knowledgeable after watching my classmates perform their scenerios. I also felt more comfortable having my classmates be apart of the scenario because I had extra help and could consult with them about my thought process.</p>
<p>What did you already know and do well as you provided patient care?</p>	<p>I think knowing the history of my patient, I was able to address her concerns and knowledge about the pregnancy and rule out possible complications that could arise.</p>
<p>What areas do you need to develop/improve?</p>	<p>Even though I felt more comfortable, I still lacked confidence in my knowledge and I would like to trust myself more. I also need to practice identifying variability better.</p>
<p>What did you learn today?</p>	<p>Overall, I learned how to use my resources more like using my extra help to get my task done and provide better care to my patient.</p>
<p>How will you apply what was learned to improve patient care?</p>	<p>I will use my knowledge from the scenarios to be more aware of complications or situations that could arise. By doing this, I feel I will be able to pick up on cues to catch mistakes and provide appropriate care.</p>
<p>Please reflect on how your OB simulation learning experience assisted in meeting 2-3 of the Student Learning Outcomes.</p>	<ol style="list-style-type: none"> 1. During my SIM experience, I was able to perform professionalism by providing education to the patient and family member about financial resources available to them and education about true vs. false labor signs 2. I believe I met professionalism during SIM when I communicated with the physician using an SBAR format and by delegating task appropriately to my nurses when they assisted me in treating my patient 3.