

Adult/Geriatric Medication Worksheet – Current Medications & PRN for Last 24 Hours

Primary IV Fluid and Infusion Rate (ml/hr)	Circle IVF Type	Rationale for IVF	Lab Values to Assess Related to IVF	Contraindications/Complications
NA	Isotonic ☐ Hypotonic ☐ Hypertonic ☐	NA	NA	NA

Student Name: Brittany Fox		Unit: PMH Sim	Patient Initials:		Date: 11/4/2025	Allergies:	
Generic Name	Pharmacologic Classification	Therapeutic Reason	Dose, Route & Schedule	Correct Dose? If not, what is correct dose?	IVP – List diluent solution, volume, and rate of administration IVPB – List concentration and rate of administration	Adverse Effects	Appropriate Nursing Assessment, Teaching, Interventions (Precautions/Contraindications, Etc.)
Hydroxyzine pamoate	Antihistamine	Anxiety	25mg PO PRN q6	Yes	NA	Drowsiness/sedation Dry mouth Dizziness Blurred Vision Headache Constipation	1. Monitor LOC and VS 2. Implement fall precautions 3. Chew sugarless gum or suck on candy for dry mouth 4. Report any fainting or dizziness
lorazepam	Benzodiazepine	Alcohol withdrawal / anxiety	1-2 mg PO PRN q4 hours	Yes	NA	CNS depression Risk for: abuse, addiction, dependence, withdrawal Lethargy Drowsiness Dizziness	1. Monitor and assess LOC/sedation effects 2. Monitor respirations 3. Avoid alcohol and other CNS depressants 4. Monitor for resolution of anxiety
haldol	antipsychotic	for psychotic symptoms/agitation	10 mg IM PRN q8	Yes	NA	Acute dystonia Increased mortality in elderly with	1. Monitor mental status 2. Monitor VS - especially BP and temperature 3. Report muscle stiffness or tremors

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						dementia Tardive dyskinesia	4. Get up slowly to reduce risk of dizziness
diphenhydramine	antihistamine	management of cholinergic effects of antipsychotic	50 mg IM q8 PRN psychotic symptoms	Yes	NA	Drowsiness/sedation Dizziness Dry mouth Blurred vision Constipation Urinary retention	1. Monitor LOC and respirations 2. Use sugarless gum or ice chips for dry mouth 3. Encourage fluids, fiber, and ambulation 4. Report any difficulty in urinating
acetaminophen	Analgesic/antipyretic	Mild-moderate pain	500 mg PO q6 for pain of 1-4 on pain scale	Yes	NA	Hepatotoxicity Elevated liver enzymes Steven Johnson Syndrome	1. Monitor pain levels 2. Stop use if rash occurs 3. Notify if any jaundice of eyes or skin 4. Do not exceed more than 4000mg/day
olanzapine	antipsychotic	Agitation/psychotic behavior	5 mg PO q6 for agitation	Yes	NA	Suicidal ideation Metabolic syndrome - weight gain or diabetes	1. Monitor weight and BMI 2. Monitor fasting glucose 3. Monitor BP and HR 4. Assess mental status and SI

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ibuprofen	NSAID	Mild-moderate pain	400 mg PO q6 for pain of 1-4 on pain scale	Yes	NA	GI bleed Ulcers Hypersensitivity	1. Assess pain prior and post admin 2. Monitor renal function 3. Avoid use with alcohol and other GI irritants 4. Report s/s of GI bleed
risperdal	antipsychotic	Psychotic behavior/bipolar mania	1 mg tablet PO BID	Yes	NA	Suicidal ideation Metabolic syndrome - weight gain and diabetes Sedation/drowsiness Orthostatic hypotension	1. Monitor weight and BMI 2. Monitor BP and HR 3. Assess mental status / SI 4. Rise slowly to prevent dizziness
Nicotine patch	Stimulant	Nicotine replacement	21 mg transdermal patch daily	Yes	NA	Erythema Itching or burning Rash or irritation Headache Dizziness Nausea	1. Assess skin integrity at patch site 2. Applt to clean, dry, and intact skin - rotate sites 3. Remove old patch before applying new one 4. Avoid heat sources on patch site

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ziprasidone	antipsychotic	Psychotic behavior/bipolar disorder/mania	40 mg PO BID	Yes	NA	Drowsiness/sedation Dizziness Headache N/V Restlessness Fatigue Mild weight gain	1. Assess behavior, mood, thought patterns 2. Monitor for repetitive facial or limb movements 3. Assess BP for orthostatic hypotension - don't get out of bed abruptly 4. Implement fall precautions
prazosin	Alpha-blocker	Nightmares	1 mg PO QHS	Yes	NA	Dizziness Headache Weakness Palpitations Blurred vision	1. Remain lying down after first dose to minimize syncope - change positions slowly 2. Initiate fall precautions 3. Report any swelling in hands/feet or rapid weight gain 4. Monitor BP regularly
Nicotine inhaler	Stimulant	Nicotine replacement	10 mg cartridge for inhalation Q2	Yes	NA	Throat irritation Coughing Runny nose Headache Hiccups Nausea	1. Monitor lung sounds/bronchospasms 2. Assess readiness to quit smoking 3. Use inhaler at first sign of cravings and minimize use of cartridges 4. Encourage tapering when cravings decrease