

Parenting Class Reflection Assignment

Student Name: _____

Date:

Purpose: This reflection helps you demonstrate understanding of essential concepts in maternal and newborn nursing care, safety, and health promotion in alignment with your Student Learning Outcomes.

1. *Patient Centered Care*: What are three important nursing priorities in caring for a new mother and her newborn, and why are they important?
2. *Safety & Quality*: Describe two specific safety measures nurses should take to prevent complications in either the mother or the newborn (e.g., infection prevention, injury prevention).
3. *Communication & Collaboration*: Explain one teaching point you would provide to a new mother about newborn care at home (such as feeding, sleep safety, or cord care) and why it is important.

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4. *Clinical Judgment*: Identify a potential complication that could occur during the postpartum period (for the mother or newborn) and describe what signs or symptoms the nurse should assess for.

5. *Professionalism*: How did I recognize, respect and adapt to cultural/personal beliefs or practices related to childbirth or newborn care during the experience and what did I learn about providing culturally sensitive nursing care in a professional role?

6. Reflect on what you learned about maternal and newborn nursing care that will influence how you provide safe and compassionate care in your future clinical practice

Label & Write your own **Student Learning Outcome** example below:

- 1.