

ACEs / Poverty Online Activities

“For I was hungry and you gave me something to eat, I was thirsty and you gave me something to drink, I was a stranger and you invited me in, I needed clothes and you clothed me, I was sick and you looked after me, I was in prison and you came to visit me.” Matthew 25:35-36

Student Learning Outcomes:

- Discuss ACEs and their potential effect on behavior, physical and mental health
 - Differentiate between ACEs and HOPE.
 - Examine specialty populations in the community including Poverty.
 - Discuss various types of resources related to Poverty.
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- TED Talk — Nadine Burke Harris: How Childhood Trauma Affects Health Across A Lifetime (16 minutes) - **Required.**

https://www.ted.com/talks/nadine_burke_harris_how_childhood_trauma_affects_health_across_a_lifetime?language=en

- We Can Prevent ACEs (CDC) (4 minutes) - **Required.**

<https://www.youtube.com/watch?v=8gm-INpzU4g>

- Adverse Childhood Experiences (ACEs): Impact on brain, body and behaviour: (6 minutes) - **Recommended.**

<https://www.youtube.com/watch?v=W-8jTTIsJ7Q>

- “Hard Times Generation: Families living in cars”: (15 minutes) - **Recommended.**

<https://www.youtube.com/watch?v=L2hzRPLVSm4> HYPERLINK

***NOTE:** You may be tested over concepts that are covered in the required assignments. Recommended assignments should enhance your knowledge about these topics.

Additional Resources: -

- PBS Frontline movie entitled "Born Poor" (2025)

https://www.pbs.org/wgbh/frontline/documentary/born-poor/?utm_source=iterable
HYPERLINK "https://www.pbs.org/wgbh/frontline/documentary/born-poor/?utm_source=iterable&utm_medium=email&utm_campaign=campaign_15243335&utm

- PBS Frontline movie entitled "Poor Kids" (2017)

<http://www.pbs.org/wgbh/frontline/film/poor-kids/>