

Question #	38	Student Name:	Spencer Jackson
Based on the "Topic" and "Subtopic," I missed a question about:			
Communication / Documentation			
<input type="checkbox"/> I have reviewed each of the excerpts/activities listed under the Packet > Remediation Content			
List five or more bullet points with your "take-aways" from this packet. (What is most important for you to remember as you prepare for the NCLEX and future patient care?)			
<ul style="list-style-type: none"> • courtesy - introduce myself, and learn about pt. & family • comfort - it is important to relieve pain, or make more comfortable before interview • connection - make a good first impression. treat them like a human. • confirmation - summarize discussion & ask open ended questions • pt. centered interview is relationship based & learning about seeking care 			

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List five or more bullet points with your "take-aways" from this packet. (What is most important for you to remember as you prepare for the NCLEX and future patient care?)			

Question # 36 Student Name: Spencer Jackson

Based on the "Topic" and "Subtopic," I missed a question about:

Basic Nursing / Mobility / Leadership

I have reviewed each of the excerpts/activities listed under the Packet > Remediation Content

List five or more bullet points with your "take-aways" from this packet.

(What is most important for you to remember as you prepare for the NCLEX and future patient care?)

- baseline is needed for orthostatic hypotension. you can also use baseline to compare after exercise.
- prolonged bed rest can make pt. prone to orthostatic hypotension. early ambulation is so important
- use teachback method for equipment for mobility
- promote independence + confidence for better outcomes with mobility
- find mutual goals (how far the pt. wants to ambulate)

Question # 37

Based on the "Topic" and "Subtopic," I missed a question about:

Basic Nursing / Nutrition / Teaching / Cultural / Spiritual

I have reviewed each of the excerpts/activities listed under the Packet > Remediation Content

List five or more bullet points with your "take-aways" from this packet.

(What is most important for you to remember as you prepare for the NCLEX and future patient care?)

- schedule teachings for midmornings, when energy is high
- don't use medical terminology
- speak slow, clear, + concise
- if you taught a skill, have them perform it to you so you can correct it needed
- validate teaching with teachback method

Question # 32 Student Name: Spencer Jackson

Based on the "Topic" and "Subtopic," I missed a question about:

Skin Integrity - teaching

I have reviewed each of the excerpts/activities listed under the Packet > Remediation Content

List five or more bullet points with your "take-aways" from this packet.

(What is most important for you to remember as you prepare for the NCLEX and future patient care?)

- Avoid scratching or picking - prevent infection
- wear loose, soft clothing - prevents rubbing & irritation
- stay active - improve circulation & prevent pressure injury
- use sunscreen - long term skin damage
- report changes early - easier to treat if injury happens & reported early

Question # 35

Based on the "Topic" and "Subtopic," I missed a question about:

med Admin / safe admin

I have reviewed each of the excerpts/activities listed under the Packet > Remediation Content

List five or more bullet points with your "take-aways" from this packet.

(What is most important for you to remember as you prepare for the NCLEX and future patient care?)

- 7 rights - pt, dose, route, time, reason, document
- check allergies = ALWAYS ASK & check EMAR
- double check high risk meds - insulin, opioids, K
- educate pt - what its for, side effects & answer questions
- monitor & evaluate - adverse effects & effectiveness

Question # 24 Student Name: Spencer Jackson

Based on the "Topic" and "Subtopic," I missed a question about:

Elimination - 24 hour urine specimen

I have reviewed each of the excerpts/activities listed under the Packet > Remediation Content

List five or more bullet points with your "take-aways" from this packet.

(What is most important for you to remember as you prepare for the NCLEX and future patient care?)

- teach them the technique, why were doing this, and importance of doing it right
- ~~do~~ discard the first void
- need bucket, ice, + collecting cup
- make sure to document accurately
- have signage outside of room so healthcare team knows what's going on

Question # 31

Based on the "Topic" and "Subtopic," I missed a question about:

~~Elimination~~ Skin Integrity

I have reviewed each of the excerpts/activities listed under the Packet > Remediation Content

List five or more bullet points with your "take-aways" from this packet.

(What is most important for you to remember as you prepare for the NCLEX and future patient care?)

- assess skin regularly - redness, integrity, pressure injury
- keep skin clean + dry - use gentle cleansers + moisturizers
- promote mobility - change positions every 2 hours this is the best prevention
- optimize nutrition + hydration - protein, vitamins, + fluids support tissue health
- use protective measures - barrier creams, cushions, dressings

Question # 16 Student Name: Spencer Jackson

Based on the "Topic" and "Subtopic," I missed a question about:

Med Admin / safe admin / teaching

I have reviewed each of the excerpts/activities listed under the Packet > Remediation Content

List five or more bullet points with your "take-aways" from this packet.

(What is most important for you to remember as you prepare for the NCLEX and future patient care?)

- take meds exactly as prescribed - (for pt. @ home)
don't skip, don't double up
- check label everytime - to make sure you're taking the right med!!
- know your meds - learn the name, purpose + side effects
- store safely - original container, away from children, extreme heat or moisture.
- report problems quickly - call HCP if allergic reactions or new symptoms occur

Question # 21

Based on the "Topic" and "Subtopic," I missed a question about:

Elimination - Assessment

I have reviewed each of the excerpts/activities listed under the Packet > Remediation Content

List five or more bullet points with your "take-aways" from this packet.

(What is most important for you to remember as you prepare for the NCLEX and future patient care?)

- ask about bowel habits / patterns (frequency, stool description, pain)
 - ask about meds + diet
 - look, listen, feel
 - measure HR + pain
 - assess for hemorrhoids
- must ask!!!
don't be scared

Question # 12 Student Name: Spencer Jackson

Based on the "Topic" and "Subtopic," I missed a question about:

Death + Grief

I have reviewed each of the excerpts/activities listed under the Packet > Remediation Content

List five or more bullet points with your "take-aways" from this packet.

(What is most important for you to remember as you prepare for the NCLEX and future patient care?)

- "they won't die from hunger, they are dying"
- skin + mouth care are so important
- provide opportunity for pt. to express feelings through active listening
- having HOB elevated @ 30° helps with many symptoms. (skin, resp, eating, drinking)
- collaborate w/ fam + health care team for best outcomes - be kind + patient

Question # 15

Based on the "Topic" and "Subtopic," I missed a question about:

Med Admin / Safe Admin

I have reviewed each of the excerpts/activities listed under the Packet > Remediation Content

List five or more bullet points with your "take-aways" from this packet.

(What is most important for you to remember as you prepare for the NCLEX and future patient care?)

- use simple language, avoid medical jargon
- use active voice instead of passive voice
- 7 rights, start with most important (start with its purpose)
- break into understandable chunks + make it simple
-

Question # 5

Student Name:

Spencer Jackson

Based on the "Topic" and "Subtopic," I missed a question about:

mobility - teaching considerations

I have reviewed each of the excerpts/activities listed under the Packet > Remediation Content

List five or more bullet points with your "take-aways" from this packet.

(What is most important for you to remember as you prepare for the NCLEX and future patient care?)

- teach on effects of pressure from cast on skin + tissue
- don't use a hair dryer on cast, could damage skin + cast
- itching teaching, no objects down cast. may need meds for teaching itching.
- teach proper ROM + isometric exercises for affected extremity
- crutch walking techniques (2 point, 3 point, 4 point, stairs)

Question #

11

Based on the "Topic" and "Subtopic," I missed a question about:

Death + Grief

I have reviewed each of the excerpts/activities listed under the Packet > Remediation Content

List five or more bullet points with your "take-aways" from this packet.

(What is most important for you to remember as you prepare for the NCLEX and future patient care?)

- palliative care is aimed @ comfort care
- for non responsive or curable disease
- symptom manage, + help family process
- terminal prognosis within 6 months
- palliative + hospice aren't the same

Question # 2 Student Name: Spencer Jackson

Based on the "Topic" and "Subtopic," I missed a question about:

Basic Nursing skills - nutrition/feeding

I have reviewed each of the excerpts/activities listed under the Packet Remediation Content

List five or more bullet points with your "take-aways" from this packet.

(What is most important for you to remember as you prepare for the NCLEX and future patient care?)

- cardiac diet - low cholesterol & low sodium low animal product to help cardiac system
- mechanical soft - pt who have difficulty chewing
- renal diet - restrict K, Na, protein & phos to help kidneys
- clear liquid - gastro problems, before & after surgery
- full liquid - progression of liquid diet for pt. w/ gastro problems

Question # 4

Based on the "Topic" and "Subtopic," I missed a question about:

mobility - crutches

I have reviewed each of the excerpts/activities listed under the Packet Remediation Content

List five or more bullet points with your "take-aways" from this packet.

(What is most important for you to remember as you prepare for the NCLEX and future patient care?)

- 3 fingers of space between crutch & axilla
- encourage to report tingling & numbness
- "up with good, down with bad" for using crutches on stairs
- elbow should be slightly bent to avoid putting pressure on axillary nerve
- Forearm crutches are generally for patients w/ permanent or long term impairment