

Question # \_\_\_\_\_ Student Name: Kullie Williams

Based on the "Topic" and "Subtopic," I missed a question about:  
Anxiety & mood disorders (CRISIS)

I have reviewed each of the excerpts/activities listed under the Packet > Remediation Content

List five or more bullet points with your "take-aways" from this packet.  
(What is most important for you to remember as you prepare for the NCLEX and future patient care?)

- Use short term strategies. w/ specific goals.
- Provide resources for them to leave with.
- Use healthy reinforcement of behavior
- Raise pts. self esteem is important to help w/ being overwhelmed
- Use simple, innovative, accessible practical & immediate actions.

Question # \_\_\_\_\_

Based on the "Topic" and "Subtopic," I missed a question about:  
Anxiety / mood assessment (suicide)

I have reviewed each of the excerpts/activities listed under the Packet > Remediation Content

List five or more bullet points with your "take-aways" from this packet.  
(What is most important for you to remember as you prepare for the NCLEX and future patient care?)

- Key points
1. assess risk factors (safety) is #1
  2. level of precaution is determined by low, mod, high risk
  3. look for sudden change in mood (suddenly very happy)
  4. identify social support
  5. have safety plan.

Question # \_\_\_\_\_ Student Name: Kellie Williams

Based on the "Topic" and "Subtopic," I missed a question about:

~~self-harm~~ self-injury

I have reviewed each of the excerpts/activities listed under the Packet > Remediation Content

List five or more bullet points with your "take-aways" from this packet.

(What is most important for you to remember as you prepare for the NCLEX and future patient care?)

- self-injury doesn't have to be just because someone is suicidal.
- mentally retarded people have outward aggression
- psych pts. might be sporadic due to hallucinations
- its hard to identify self injury in prisons
- self injury may be influenced by others, but must be done by "self".

Question # \_\_\_\_\_

Based on the "Topic" and "Subtopic," I missed a question about:

drugs — lithium

I have reviewed each of the excerpts/activities listed under the Packet > Remediation Content

List five or more bullet points with your "take-aways" from this packet.

(What is most important for you to remember as you prepare for the NCLEX and future patient care?)

- lithium controls bipolar disorder
- takes 6-10 days for full effect
- measure levels frequently to assess toxicity.
- NOT for pregnant women
- has a low therapeutic index

Question #	Student Name: <u>Kellie Williams</u>
Based on the "Topic" and "Subtopic," I missed a question about: <u>dystonia</u>	
<input checked="" type="checkbox"/>	I have reviewed each of the excerpts/activities listed under the Packet > Remediation Content
List five or more bullet points with your "take-aways" from this packet. (What is most important for you to remember as you prepare for the NCLEX and future patient care?)	
<ul style="list-style-type: none"> <li>* defined by abnormal postures by involuntary muscle spasms</li> <li>* should appear early in treatment</li> <li>* side effect of psych drugs</li> <li>* torticollis = contracted position of neck</li> <li>* oculogyric crisis = eyes up.</li> <li>* anticholinergic drugs.</li> </ul>	

Question #	
Based on the "Topic" and "Subtopic," I missed a question about: <u>Neuroleptics</u>	
<input type="checkbox"/>	I have reviewed each of the excerpts/activities listed under the Packet > Remediation Content
List five or more bullet points with your "take-aways" from this packet. (What is most important for you to remember as you prepare for the NCLEX and future patient care?)	
<ul style="list-style-type: none"> <li>* pt. taking neuroleptics cant tolerate hot environments.</li> <li>* EPS is the category that holds; acute dystonia, akathisia, pseudo parkinsonism, &amp; TD</li> <li>* pt. describe akathisia as "feeling like crawling out of skin".</li> <li>* TD: pts become at risk between 3-6 months</li> <li>* AIMS scale is used to identify movement disorders</li> </ul>	

Question # \_\_\_\_\_ Student Name: Kenneth Williams

Based on the "Topic" and "Subtopic," I missed a question about:  
Anticholinergics

I have reviewed each of the excerpts/activities listed under the Packet > Remediation Content

List five or more bullet points with your "take-aways" from this packet.  
(What is most important for you to remember as you prepare for the NCLEX and future patient care?)

- anticholinergic effects = dry mouth, blurry vision, urinary retention, photophobia
- if tachycardia occurs its an emergency event.
- nurse responsibility is to teach/inform "call dont fall"
- contraindicated w/ pts w/ ↓ BP, cardiac irregularities or ♥ failure.
- MONITOR EYES

Question # \_\_\_\_\_

Based on the "Topic" and "Subtopic," I missed a question about:  
Manifestations of thought disorders.

I have reviewed each of the excerpts/activities listed under the Packet > Remediation Content

List five or more bullet points with your "take-aways" from this packet.  
(What is most important for you to remember as you prepare for the NCLEX and future patient care?)

- hallucinations = 5 senses
- delusions - control, mind reading, thought broadcasting, etc.
- there is pos (additive behaviors) or neg (diminishing "loss of")
- alogia = absence of speech
- avolition = ↓ in goal directed behavior

Question # \_\_\_\_\_ Student Name: Kellie Williams

Based on the "Topic" and "Subtopic," I missed a question about:  
Managing relapse

I have reviewed each of the excerpts/activities listed under the Packet > Remediation Content

List five or more bullet points with your "take-aways" from this packet.  
(What is most important for you to remember as you prepare for the NCLEX and future patient care?)

- prodromal phase is time between onset of symptoms and treatment.
- always establish a safe place/person to go to.
- reduce stress and environmental stimuli
- take medications or consider long-acting method.
- Avoid people who don't support or belittle you.
- follow-up care!!

Question # \_\_\_\_\_

Based on the "Topic" and "Subtopic," I missed a question about:  
interpersonal violence

I have reviewed each of the excerpts/activities listed under the Packet > Remediation Content

List five or more bullet points with your "take-aways" from this packet.  
(What is most important for you to remember as you prepare for the NCLEX and future patient care?)

- stay out of striking distance
- avoid entering room alone.
- conduct disorder: aggressive behavior, destructive, manipulative, rule violator
- childhood onset could be as young as 2 y/o.
- nonverbal behaviors: body, facial, eye gaze, tone of voice, appearance, height/WT.
- Elder abuse: abuse may be physical, emotional, financial

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