

<p>Step 1 Description</p> <p>As the role of the nurse, I entered the patient's room to introduce myself, check on the patient, and do a focused assessment, particularly a pain assessment. I also addressed the patient's body temperature due to being admitted for an infection. The patient's call light was not in reach, and the bed did not have 2 bedside rails up, which I corrected to maintain patient safety. The patient who was A & O x 2, most likely due to having an infection, was played by the nursing instructor. As a result, pain medication was not needed at the time due to the patient stating their pain level being a 2. Therefore, pain medication was not administered. I administered Acetaminophen to help reduce the patient's temperature. Levofloxacin via IVPB was also started to treat the patient's infection. I prioritized patient education by explaining the adverse effects of the medications and what they should and should not do while taking them. Before I left the room, I made sure the patient was safe and covered the 4 Ps.</p>	<p>Step 4 Analysis</p> <p>I knew from previous knowledge that infections can cause disorientation and confusion, especially in older patients so the patient being A & O x 2 was not completely abnormal. I also knew that infections typically cause a rise in body temperature so that was expected. A broader issue that can arise from the event is a systemic response in the body that can cause severe complications such as organ damage. Another broader issue that could have gone wrong was if the patient had fallen out of bed due to a side rail being down which could have caused even more damage or problems for the patient. Patient safety should always be a top priority to prevent further injuries.</p>
<p>Step 2 Feelings</p> <p>I felt a little nervous before arriving, but then after reviewing the patient's updated chart I felt more comfortable once I understood what was going on. I was thinking about what my priorities needed to be before entering the patient's room, such as safety, the patient's orientation, a focused pain assessment, and the patient's raised body temperature. I felt good and relieved about the final outcome because the patient's pain was low, and I focused on the correct priorities for the patient at that time. I felt confident in the care I gave the patient which is very important to me because that means I'm getting better about critically thinking and "connecting the dots."</p>	<p>Step 5 Conclusion</p> <p>I could have made the situation better by not getting so nervous before entering the patient's room. I probably looked nervous walking into the patient room which can then make the patient nervous. Interacting with the patient as a confident nurse is important to make the patient feel comfortable and more at ease. I was very close to running out of the aloud time in the patient's room so I could have utilized my time better. Instead of stopping what I was doing to teach the patient about the medications I could have done my patient teaching while continuing to provide care at the same time. I have learned time management is very important when it comes to nursing but also know getting better at that comes with experience.</p>
<p>Step 3 Evaluation</p> <p>What was good about the situation was the chart patient's chart was very clear and easy to understand. The bedside EMAR and IV pump were easy to use. The patient (instructor) said I seemed very calm and not nervous while caring for the patient even if I didn't feel that way the whole time. I gathered the correct priority information from the patient that I needed to know which medications should or should not be administered. Everything went as expected.</p>	<p>Step 6 Action Plan</p> <p>I think the situation went very well. After seeing the patients admit diagnosis, I already had a general idea of what medications would be ordered and have a very good understanding of how the medications would treat the problem. I felt more confident in administering medications compared to previous CPEs and felt more confident with how I interacted with the patient. Something I would do differently next time is manage my time better. Time management is an important quality to have as a nurse so it will benefit me in every experience moving forward.</p>