

NAME: _____

DATE: _____

POST-CLINICAL REFLECTION OB Simulation Reflection - due on Thursday by 2359

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

| Reflection Question | Nurse Reflection |
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| <p>What feelings did you experience in clinical?</p> <p>Why?</p> | <p>I really enjoyed this clinical simulation. I was nervous at first but the learning environment was very welcoming and it made me feel calm. I enjoyed the scenarios and I felt that they helped me learn about multiple aspects of OB.</p> |
| <p>What did you already know and do well as you provided patient care?</p> | <p>I knew that IUR's are necessary in most deliveries and that my patient was going to need a c-section. I feel like I did well educating my patient about why she needed a c-section.</p> |
| <p>What areas do you need to develop/improve?</p> | <p>I think that I need to improve my critical thinking skills in a clinic situation. When I get in the room my mind goes blank and I can't think of what would be the priority to do next.</p> |
| <p>What did you learn today?</p> | <p>I learned about steps for a c-section and how to comfort distressed family members.</p> |
| <p>How will you apply what was learned to improve patient care?</p> | <p>I will apply the critical thinking skills of knowing what the priority nursing care is for my patient. I can apply utilizing IUR's and planning specific care for each patient.</p> |
| <p>Please reflect on how your OB simulation learning experience assisted in meeting 2-3 of the Student Learning Outcomes.</p> | <ol style="list-style-type: none"> 1. I maintained professionalism by educating the diabetic patient on what to incorporate in a healthy diet and teaching her family member about healthier options. 2. I used clinical judgement by recognizing that the patient had a prolapsed umbilical cord and needed a stat c-section. My patient had a c-section scheduled but because the baby was in breech the umbilical cord prolapsed and she needed a c-section stat. 3. |