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| Question # 8 | Student Name: <i>Mary Nanz</i> |
| Based on the "Topic" and "Subtopic," I missed a question about: <i>asepsis - PPE</i> | |
| <input checked="" type="checkbox"/> | I have reviewed each of the excerpts/activities listed under the Packet > Remediation Content |
| <p>List five or more bullet points with your "take-aways" from this packet. (What is most important for you to remember as you prepare for the NCLEX and future patient care?)</p> <ul style="list-style-type: none"> • Regular surgical mask - pathogens larger than 5 microns • N95 - pathogen less than 5 microns in size • order: gown → mask → goggles → gloves • change mask if it becomes moist • airborne precautions - N95, contact - gown + gloves | |

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| Question # 13 | |
| Based on the "Topic" and "Subtopic," I missed a question about: <i>Assessment - mobility</i> | |
| <input checked="" type="checkbox"/> | I have reviewed each of the excerpts/activities listed under the Packet > Remediation Content |
| <p>List five or more bullet points with your "take-aways" from this packet. (What is most important for you to remember as you prepare for the NCLEX and future patient care?)</p> <ul style="list-style-type: none"> • Ambulate pts 30 min after analgesic therapy • Before ambulating pts, get baseline vitals to assess for orthostatic hypotension • activity tolerance: the type & amount of exercise or work a person is able to perform w/o injury → observe pts after ambulation for pain or report of fatigue (weakness) • activity tolerance needs to be assessed - when pt starts to walk, monitor for signs of dyspnea, fatigue, or chest pain • the more inactive a pt is, the more pronounced the ABLs are | |