

Step 1: Description

During this CPE scenario I played the role of the Nurse taking care of my patient who was played by my professor. I was responsible for treating my patients' infection with the correct medication and providing adequate care to help keep my patient safe and reduce any pain they were having. My scenario ended with a positive result as I met the criteria that was required in order to successfully complete the scenario.

Step 2: Feelings

At the beginning I began to feel very nervous and started to doubt myself. I started overthinking about all the things that could go wrong and ways I would not meet the criteria. But throughout all of the nervousness and self doubt I managed to make my way through achieving the overall goal of this scenario. The most important feeling that I had was relief and happiness. At the end of my scenario when everything was over and I found out I successfully completed the CPE, the weight lifted off of my shoulders and I was happy I made it through. This feeling is the most important because it goes to show I should have believed in myself in the beginning and trusted that everything would work out.

Step 3: Evaluation

The thing that was good about the event was, it was way easier than I had expected and we did have a guide that was used for grading to help walk us through. The scenario was straight forward in regards to what was needing to be done in order to best complete the scenario. We also had time to prepare for the situation which was very helpful. The event as a whole went really well despite the nerves once I began to care for my patient everything started to line up. I felt like my flow and time management was really well to best care for my patient.

Step 4: Analysis

I could apply my previous knowledge in safe medication admin and patient safety. These were the very first basic skills we learned in the beginning. Retaining these skills helped me to succeed. People's different perspectives impact the situation by analyzing the event in different ways, allowing each person to describe how the situation felt to them. It is beneficial for both me and my professor to discuss our perspective allowing us to learn something from each other that could potentially benefit us in the future.

Step 5: Conclusion

I could have made this situation better by slowing things down and taking my time. I found myself feeling like I was running out of time when really I had plenty of time. So in the future I will take my time. I truly believe that I was well prepared for this situation, everyone was so assuring that everything would be fine we were given the best resources to help better the situation. I have learned about good time management in this situation, I learned how to identify patient priorities to help treat them in a timely manner.

Step 6: Action Plan

Overall I have a positive outlook over the situation. I am very proud and impressed by how this simulation was put together. I can apply the lessons I took away from this scenario all throughout my nursing career. The key elements I learned are used on a day to day basis in nursing. The biggest thing is keeping your patient safe and by completing this event it helps better prepare me for my future as a nurse caring for patients in the safest way possible.