

NAME: _____

DATE: _____

POST-CLINICAL REFLECTION OB Simulation Reflection - due on Thursday by 2359

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
What feelings did you experience in clinical? Why?	I really enjoyed this clinical simulation. I was nervous at first but the learning environment was very welcoming and it made me feel calm. I enjoyed the scenarios and I felt that they helped me learn about multiple aspects of OB.
What did you already know and do well as you provided patient care?	I knew that IUR's are necessary in most deliveries and that my patient was going to need a c-section. I feel like I did well educating my patient about why she needed a c-section.
What areas do you need to develop/improve?	I think that I need to improve my critical thinking skills in a clinic situation. When I get in the room my mind goes blank and I can't think of what would be the priority to do next.
What did you learn today?	I learned about steps for a c-section and how to comfort distressed family members.
How will you apply what was learned to improve patient care?	I will apply the critical thinking skills of knowing what the priority nursing care is for my patient. I can apply utilizing IUR's and planning specific care for each patient.
Please reflect on how your OB simulation learning experience assisted in meeting 2-3 of the Student Learning Outcomes .	1. I maintained professionalism by educating the diabetic patient on what to incorporate in a healthy diet and teaching her family member about healthier options. 2. I used clinical judgement by 3.