

Question #

Student Name: Lily Bagwell

Based on the "Topic" and "Subtopic," I missed a question about:

thought disorders



I have reviewed each of the excerpts/activities listed under the Packet > Remediation Content

List five or more bullet points with your "take-aways" from this packet.

(What is most important for you to remember as you prepare for the NCLEX and future patient care?)

- haloperidol has a high chance of EPS symptoms but low sedative effects
- akathisia is motor driven restlessness like tapping the foot
- tardive dyskinesia is the protruding and rolling/smacking of the tongue, limbs and trunk can be involved too
- thioridazine is not recommended as first line tx because fetal cardiac arrhythmias
- thiazine causes high photosensitivity

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(What is most important for you to remember as you prepare for the NCLEX and future patient care?)

- NMS most often occurs w/ high potency drugs
- cardinal symptom of NMS is fever 103-101 & rigidity
- Dantrolene & bromocriptine are drugs of choice for treating NMS
- NMS is not related to toxic drug levels
- other symptoms include tremors, muteness, altered consciousness

Question #

Student Name: Lilly Baguella

Based on the "Topic" and "Subtopic," I missed a question about:

Pharmacology / Psych drugs

I have reviewed each of the excerpts/activities listed under the Packet > Remediation Content

List five or more bullet points with your "take-aways" from this packet.

(What is most important for you to remember as you prepare for the NCLEX and future patient care?)

- benzodiazepines should be reserved for acute situations
- when used for anxiety BZ should be given in lowest possible dose to avoid dependence
- lithium can have side effects such as tremor, thirst and has a low therapeutic range
- anti-epileptic drugs can also treat bipolar disorder
- caffeine and alcohol can increase lithium levels

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List five or more bullet points with your "take-aways" from this packet.

(What is most important for you to remember as you prepare for the NCLEX and future patient care?)

- anticholinergic toxicity is a life threatening medical emergency caused by antipsychotics
- NMS is a life threatening side effect of antipsychotics that causes muscular rigidity and autonomic dysfunction
- clozapine most often causes agranulocytosis which is a serious blood dyscrasia that can be fatal
- agranulocytosis can cause liver impairment
- autonomic dysfunction includes hyperpyrexia labile HTN, diaphoresis.

Question #

Student Name:

Willy Bagwell

Based on the "Topic" and "Subtopic," I missed a question about:

Anxiety & mood disorders  
helpful guidelines



I have reviewed each of the excerpts/activities listed under the Packet > Remediation Content

List five or more bullet points with your "take-aways" from this packet.

(What is most important for you to remember as you prepare for the NCLEX and future patient care?)

- when you are unsure of what to say say nothing
- when in doubt focus on feelings
- avoid advice and instead look at how the patient feels
- pay attention to nonverbal cues
- avoid relying on questions

Question #

Based on the "Topic" and "Subtopic," I missed a question about:

Anxiety's mood disorders  
therapeutic communication



I have reviewed each of the excerpts/activities listed under the Packet > Remediation Content

List five or more bullet points with your "take-aways" from this packet.

(What is most important for you to remember as you prepare for the NCLEX and future patient care?)

- identify the needs of the patient and explore them
- establish clear boundaries so the line into social relationship isn't crossed
- encourage alternate problem solving approaches
- support positive behavioral changes
- help the client develop healthy coping skills

Question # 1

Student Name: Willy Bagnell

Based on the "Topic" and "Subtopic," I missed a question about: Anxiety and mood disorders



I have reviewed each of the excerpts/activities listed under the Packet > Remediation Content

List five or more bullet points with your "take-aways" from this packet.

(What is most important for you to remember as you prepare for the NCLEX and future patient care?)

- use catharsis to understand how patient is feeling and help them release painful feelings by asking how their feelings make them feel
- using clarification to help patient clearly explain certain events
- using suggestion to give them ideas of how to cope with their feelings
- support of defenses, supporting healthy coping strategies
- raising self esteem for healthy body image

Question # 2

Based on the "Topic" and "Subtopic," I missed a question about: Anxiety and mood disorders  
Crisis



I have reviewed each of the excerpts/activities listed under the Packet > Remediation Content

List five or more bullet points with your "take-aways" from this packet.

(What is most important for you to remember as you prepare for the NCLEX and future patient care?)

- successful outcome for a crisis is important depending on the patients realistic perception of the event and situational support
- using situational support to utilize all the people in a clients life that can help
- helping the client develop healthy coping skills
- how to utilize paradigm by learning how to balance factors in a crisis
- if there are balancing factors present then the client will develop adequate coping mechanisms and resolve the problem

Question #

Student Name: Lilly Baguella

Based on the "Topic" and "Subtopic," I missed a question about: Mental health nursing skills

I have reviewed each of the excerpts/activities listed under the Packet > Remediation Content

List five or more bullet points with your "take-aways" from this packet.

(What is most important for you to remember as you prepare for the NCLEX and future patient care?)

- You cannot give compassionate care if you feel depleted as well
- Nurses can develop compassion fatigue from prolonged exposure to grief
- A lot of nurses in acute settings don't have time to recover from an emotional loss before another occurs
- Specific programs can help a nurse develop healthy coping skills
- Lateral violence such as a nurse making snide remarks can damage a nurse

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Based on the "Topic" and "Subtopic," I missed a question about: Mental health nursing skills

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List five or more bullet points with your "take-aways" from this packet.

(What is most important for you to remember as you prepare for the NCLEX and future patient care?)

- self awareness is important in knowing who you are
- knowledge as a nurse is important because it is the base of the nursing practice
- nurses should have the ability to instill faith and hope
- nurses should be able to assist with human needs
- the helping person does not try to influence the client into their way of thinking