

IM6 Critical Thinking

<p>Student Name: Avery Fira</p>	<p>Nursing Intervention #1: 7 move mom to assist in pain relief.</p>	<p>Date: 9/23/25</p>
<p>Priority Nursing Problem: Post partum hemorrhage.</p>	<p>Evidence Based Practice: Due to mom's C/S her moving abruptly can cause pain so us helping can decrease pain.</p> <p>Nursing Intervention #2: Applying ice to mom's perineal area.</p>	<p>Patient Teaching (specific to Nursing Diagnosis):</p> <ol style="list-style-type: none"> 1. Watch for heavy saturating bleeding + foul smelling. 2. Short of breathe + fast heartbeat. 3. Fever + abdominal pain.
<p>Related to (r/t): G4, P1, L1 Her past pregnancy's put her at increased risk for hemorrhaging As Evidenced by (aeb): . Uterine atony . infection</p>	<p>Evidence Based Practice: MOM tried to labor so she is pretty swollen. Giving ice can increase comfort.</p> <p>Nursing Intervention #3: Encourage to empty bladder.</p> <p>Evidence Based Practice: Emptying her bladder can help with the uterus going back to regular size.</p>	<p>Discharge Planning/Community Resources:</p> <ol style="list-style-type: none"> 1. Watch wound healing. 2. Who is the support system. 3. Schedule check ups + referrals.
<p>Desired Patient Outcome (SMART goal): Monitoring BP above 90/60 HR below 120 checking bleeding for mod-heavy. >1000mL</p>		

Avery Fira.

IM6 Student Learning Outcomes

Safety & Quality	Clinical Judgment	Patient Centered Care	Professionalism	Communication & Collaboration
<i>Formulate a plan of care for the childbearing family, and the patient with mental health disorders using evidence-based practice, safety, and quality principles.</i>	<i>Demonstrate clinical judgment using evidence-based data in making clinical decisions for the childbearing family, and the patient with mental health disorders.</i>	<i>Demonstrate family centered care based on the needs of the childbearing family, and the patient with mental health disorders.</i>	<i>Relate knowledge, skills, and attitudes required of the professional nurse by advocating and providing care to the childbearing families, and the patient with mental health disorders.</i>	<i>Communicate and collaborate effectively with patients, family, and members of the interdisciplinary team in the childbearing family, and the patient with mental health disorders.</i>

Safety & Quality:

Clinical Judgment:

Patient Centered Care:

Professionalism: I saw professionalism when I was taking out my patient's catheter and she was scared and I told her that it might feel uncomfortable but not painful.

Communication & Collaboration: