

Question # 1

Student Name:

Alexxys Riojas

Based on the "Topic" and "Subtopic," I missed a question about:

Anxiety and mood disorders / Depression

I have reviewed each of the excerpts/activities listed under the Packet Remediation Content

List five or more bullet points with your "take-aways" from this packet.

(What is most important for you to remember as you prepare for the NCLEX and future patient care?)

- Even sitting in silence provides empathy
- learned helplessness and hopelessness can be alleviated through cognitive and other psychotherapeutic therapies
- Continuously assess for suicide
- Enhance patient's view of self by highlighting past accomplishments and strengths
- Involve patient's support system

Question # 2

Based on the "Topic" and "Subtopic," I missed a question about:

Anxiety and mood disorders / Use of silence

I have reviewed each of the excerpts/activities listed under the Packet Remediation Content

List five or more bullet points with your "take-aways" from this packet.

(What is most important for you to remember as you prepare for the NCLEX and future patient care?)

- Silence is a helpful communication technique.
- Respect individual differences in styles and tempos of responding
- Comfort can be being with someone and spending time with them
- Talking is highly individualized
- Silence might provide meaningful moments for reflection

Question # 3

Student Name:

Based on the "Topic" and "Subtopic," I missed a question about:

Anxiety and mood disorders / Using Silence

I have reviewed each of the excerpts/activities listed under the Packet > Remediation Content

List five or more bullet points with your "take-aways" from this packet.

(What is most important for you to remember as you prepare for the NCLEX and future patient care?)

- Some people fill empty spaces with words
- Silence prompts people to talk
- Remaining silent demonstrates patience and a willingness to wait
- Silence is especially therapeutic during times of profound sadness and grief
- Allow patient to break silence

Question #

4

Based on the "Topic" and "Subtopic," I missed a question about:

Anxiety and mood disorders / Therapeutic Use of self

I have reviewed each of the excerpts/activities listed under the Packet > Remediation Content

List five or more bullet points with your "take-aways" from this packet.

(What is most important for you to remember as you prepare for the NCLEX and future patient care?)

- primary therapeutic agent is nonverbal and verbal communication
- Nurses help patients achieve productive thinking and good emotional and behavioral outcomes.
- Use of meds, the environment and self are major components of psychotherapeutic management.
- get to know patient's as individuals
- Responding verbally and nonverbally to encourage patients to continue.

Question # 5

Student Name

Based on the "Topic" and "Subtopic," I missed a question about:

Thought disorders / Understanding severe and persistent mental illness

I have reviewed each of the excerpts/activities listed under the Packet > Remediation Content

List five or more bullet points with your "take-aways" from this packet.
(What is most important for you to remember as you prepare for the NCLEX and future patient care?)

- Anosognosia - inability to recognize or understand the illness due to illness itself
- Mental health courts are programs to assist with people who are criminally charged to mental illness
- Transinstitutionalization - sending a person from one institution to the next
- Involuntary treatment involves treatment mandated by a court order and delivered without the patient's consent
- Deinstitutionalization - provide less restrictive care and save state resources

Question #

6

Based on the "Topic" and "Subtopic," I missed a question about:

Thought Disorders / Alterations of cognition

I have reviewed each of the excerpts/activities listed under the Packet > Remediation Content

List five or more bullet points with your "take-aways" from this packet.
(What is most important for you to remember as you prepare for the NCLEX and future patient care?)

- inability to concentrate, confusion, loss of interest
memory problems
- once a decision is made, depressed individuals obsess over it
- major decisions can be immobilizing
- Day programs provide structure
- Community outreach programs - send help into the community like for homeless people or foster care.

Question # 7

Student Name:

Based on the "Topic" and "Subtopic," I missed a question about:

Personality Disorders / Delusional Disorder

I have reviewed each of the excerpts/activities listed under the Packet > Remediation Content

List five or more bullet points with your "take-aways" from this packet.

(What is most important for you to remember as you prepare for the NCLEX and future patient care?)

- Most defining characteristic is fixed false belief is not bizarre
- may make decisions that are not obviously irrational
- Sadness, grief, irritability, and legal problems are common as the delusion persists.
- Important to know the culture and religious beliefs of patient
- troubling delusional disorder can look like jealousy without evidence that is resistant to logic

Question # 8

Based on the "Topic" and "Subtopic," I missed a question about:

Personality Disorder / Thought Content

I have reviewed each of the excerpts/activities listed under the Packet > Remediation Content

List five or more bullet points with your "take-aways" from this packet.

(What is most important for you to remember as you prepare for the NCLEX and future patient care?)

- Delusion is a personal belief based on an incorrect inference of external reality
- problems with thought content includes the presence of delusions in person with psychosis
- Thoughts provide a sense of identity
- The inability of brain to process data accurately can result in paranoid, grandiose delusions
- delusions arise from one's brain physiology, current stimuli and frame of reference to the world.

Question # 9

Student Name:

Based on the "Topic" and "Subtopic," I missed a question about:

Personality disorders / Delusions

I have reviewed each of the excerpts/activities listed under the Packet > Remediation Content

List five or more bullet points with your "take-aways" from this packet.

(What is most important for you to remember as you prepare for the NCLEX and future patient care?)

- Thought content is the final assessment of cognitive functioning
- Promote reality listening (do other's seem to hear you)
- Engage in activity (take a warm bath, go for a walk)
- Delusions can further be complicated by withdrawal, thought insertion, control or broadcasting
- Have patient make contact with others

Question #

10

Based on the "Topic" and "Subtopic," I missed a question about:

Personality Disorders / Treatment-Relevant Dimensions of Schizophrenia

I have reviewed each of the excerpts/activities listed under the Packet > Remediation Content

List five or more bullet points with your "take-aways" from this packet.

(What is most important for you to remember as you prepare for the NCLEX and future patient care?)

- Positive symptoms should not be there (hallucinations, etc)
- negative symptoms (unchanging facial expressions, poor eye contact)
- Thought broadcasting - belief that one's thoughts can be heard
- Thought insertion: belief that other's insert thoughts into one's mind
- Thought withdrawal - belief that thoughts have been removed from mind by outside agency.