

Question #	Student Name: <u>Cassie Jimenez</u>
Based on the "Topic" and "Subtopic," I missed a question about: <u>Anxiety and mood disorders / Self-Injury</u>	
<input checked="" type="checkbox"/>	I have reviewed each of the excerpts/activities listed under the Packet > Remediation Content
<p><b>List five or more bullet points with your "take-aways" from this packet.</b> (What is most important for you to remember as you prepare for the NCLEX and future patient care?)</p> <ul style="list-style-type: none"> <li>◦ Self-Injury and Suicide are two separate phenomena.</li> <li>◦ The lethality of self injury is low</li> <li>◦ Patients who self injure typically want to relieve their tension rather than wanting to kill themselves</li> <li>◦ Self injuries are categorized by type of patients and clinical context.</li> <li>◦ Examples of self injury are mental retardation, psychotic patients, prison population, character disorders and particularly borderline disorders.</li> </ul> <p>The most important thing for me to remember is to keep the patient safe, remove any objects that they can harm themselves with and be there to just sit quietly or to listen to patients feelings and needs.</p>	

Question #	
Based on the "Topic" and "Subtopic," I missed a question about: <u>Neurocognitive disorders / Self-care deficit</u>	
<input checked="" type="checkbox"/>	I have reviewed each of the excerpts/activities listed under the Packet > Remediation Content
<p><b>List five or more bullet points with your "take-aways" from this packet.</b> (What is most important for you to remember as you prepare for the NCLEX and future patient care?)</p> <ul style="list-style-type: none"> <li>◦ First priority for patients with dementia is meeting their basic needs such as food, water, sleep, using the restroom, staying hydrated and healthy.</li> <li>◦ Some patients with dementia are able to help with their ADL's. Some can not and need assistance with every day needs.</li> <li>◦ As a nurse we can help with their needs by breaking things down into smaller easier tasks.</li> <li>◦ allow them enough time to figure small things out alone and praise them after they finish</li> <li>◦ If patient is incontinent assist them with regular restroom use and have them on a schedule to go every two hours and after they eat.</li> </ul> <p>The most important thing for me to remember is knowing the extent of the patients symptoms and providing the assistance they need and keeping them calm so they can perform everyday tasks and feel accomplished.</p>	