

Final Reflection (Marian Munoz Vigil)

<p style="text-align: center;">Safety & Quality</p> <p>Describe anything you accomplished to maintain a safe, quality environment</p>	<p>Teamwork, when we got a new admission, we used teamwork to safely stabilize patients and get them on the monitor. We would get the meds for the nurse and make sure they were okay before we left.</p>
<p style="text-align: center;">Clinical Judgment</p> <p>how were you able to integrate classroom knowledge</p> <ul style="list-style-type: none"> • What can you apply to this situation from your previous knowledge? • Can you apply these learnings to other events? How can you use this to further improve your practice in the future? • What have you learned from clinical? 	<p>On 9/20 we had a patient on avaps and we switched them to a nasal cannula and they were tolerating it. Their O2 was 96%. We were cleaning the patient up and as we layed the pt down in minutes her heart rate started decreasing and she turned cyanotic in the face. The first thing we did was elevate the head of bed and we put her on the avaps mask again and called RT. We stayed at bedside till all vitals were stable. My nurse explained to since they work close with the RT's she knew what do, but she explained to me what I would do if I was a floor by myself. She saud to either press the code button or pull the call light out of the wall and have RT come and put her on the mask.</p>
<p style="text-align: center;">Patient Centered Care</p> <p>Identify one client in the group, what concerns, recommendations/interventions would you suggest?</p>	<p>The pt from above was in bad shape. There was nothing we were doing for her that would change the outcome. The patient was deteriorating day by day. We thought That we should make her comfortable because she would groan and moan and all we could give her is Tylenol. The patient was obviously in a lot of pain. Also another recommendation was to get the patient dialyzed.</p>
<p style="text-align: center;">Professionalism</p> <p>How did you maintain professionalism? You can review your clinical evaluation for ideas (What has this taught you about professional practice? About yourself?)</p>	<p>As a nurse you advocate for your patients we did communicate the state she was in to the doctors that came in to see her.</p>

<p>Communication & Collaboration Describe how you utilized therapeutic communication/collaboration</p>	<p>We had a pt that was homeless, had no family or friends and the pt was deteriorating. The pt would not speak anything besides sometimes her name. to her and tell her what we were doing and I also found a channel on the tv with soothing music so she could at least have something to listen to. We would also put music for her when we changed her and turned her.</p>
<p>Feelings</p> <ul style="list-style-type: none">• How were you feeling at the beginning?• What were you thinking at the time?• How did the event make you feel?• What did the words or actions of others make you think?• How did this make you feel?• How did you feel about the outcome?• What is the most important emotion or feeling you had?	<p>I loved the unit I was on. They were all so helping and welcoming. By the end of my 10th shift I felt as if I knew everyone and could ask for help when I needed it. It was such an amazing learning experience.</p>