

Question # 1

Student Name: Amber Freeman

Based on the "Topic" and "Subtopic," I missed a question about:

Psych / Interpersonal violence

I have reviewed each of the excerpts/activities listed under the Packet > Remediation Content

List five or more bullet points with your "take-aways" from this packet.

(What is most important for you to remember as you prepare for the NCLEX and future patient care?)

Elder Mistreatment

- Physical abuse: inflicting or threatening to inflict physical pain or injury on a vulnerable older adult or depriving him or her of a basic need
- Psychosocial/emotional abuse: verbal & nonverbal acts that inflict mental pain, anguish, & distress
- Financial exploitation: Illegal taking, misuse, or concealment of funds, property, or assets of a vulnerable elder
- Sexual abuse: Nonconsensual sexual contact or activity of any kind
- Abandonment: Desertion of a vulnerable elder by anyone who has assumed the responsibility for care or custody of that person.

Question # 2

Based on the "Topic" and "Subtopic," I missed a question about:

Psych / Interpersonal violence

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List five or more bullet points with your "take-aways" from this packet.

(What is most important for you to remember as you prepare for the NCLEX and future patient care?)

Elder abuse screening tool

- Elder Abuse Suspicion Index
- Elder Assessment Instrument
- Indicators of Abuse Screen
- Questions to Elicit Elder Abuse
- Hwalek-Sengstack Elder Abuse Screening tool
- Caregiver Abuse Screen
- Brief Abuse Screen for the Elderly
- Vulnerability to Abuse Screening Scale

Question # 3

Student Name: Amber Freeman

Based on the "Topic" and "Subtopic," I missed a question about:

Psych / Interpersonal Violence

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List five or more bullet points with your "take-aways" from this packet.

(What is most important for you to remember as you prepare for the NCLEX and future patient care?)

Categories of Elder Abuse

- Physical: Infliction of physical pain & injury via assault & battery.
- Sexual: Infliction of nonconsensual sexual contact of any kind
- Psychological: Verbal harassment, including intimidation, defamation, isolation.
- Material: Theft of elders money, misuse of funds, or theft or misuse of possessions.
- Neglect: Failure to meet the needs of the elder, including leaving the person alone, withholding meds, food or other necessities, and not assisting in activities of daily living or providing inadequate care.

Question # 4

Based on the "Topic" and "Subtopic," I missed a question about:

Anxiety & mood disorders

I have reviewed each of the excerpts/activities listed under the Packet > Remediation Content

List five or more bullet points with your "take-aways" from this packet.

(What is most important for you to remember as you prepare for the NCLEX and future patient care?)

Therapeutic Relationships

- Identify the needs of the patient & explore them
- Establish clear boundaries
- Encourage alternate problem-solving approaches
- Help the pt develop new coping skills
- Support behavioral change

Question # 5 Student Name: Amber Freeman

Based on the "Topic" and "Subtopic," I missed a question about:
Anxiety & mood disorders

I have reviewed each of the excerpts/activities listed under the Packet > Remediation Content

List five or more bullet points with your "take-aways" from this packet.

(What is most important for you to remember as you prepare for the NCLEX and future patient care?) Depression in the elder symptoms

- Forgetfulness
- low self-esteem
- Agitation & combativeness
- Constant complaining
- Irritability
- Chronic aches & pains that don't respond to tx
- Fatigue
- Rumination
- Easily angered
- Paranoia & suspiciousness
- Apprehension & anxiety without any cause

Question # 6

Based on the "Topic" and "Subtopic," I missed a question about:
Anxiety & mood disorders

I have reviewed each of the excerpts/activities listed under the Packet > Remediation Content

List five or more bullet points with your "take-aways" from this packet.

(What is most important for you to remember as you prepare for the NCLEX and future patient care?) Conducting initial interviews

- Speak briefly
- When you do not know what to say, say nothing
- When in doubt, focus on feelings
- Avoid advice, rather, look at how the pt feels about the situation & what he/she wants to do
- Avoid relying on questions
- Pay attention to nonverbal cues
- Keep the focus on the pt

Question # 7

Student Name: Amber Freeman

Based on the "Topic" and "Subtopic," I missed a question about:

Psych Drugs



I have reviewed each of the excerpts/activities listed under the Packet > Remediation Content

List five or more bullet points with your "take-aways" from this packet.

(What is most important for you to remember as you prepare for the NCLEX and future patient care?)

Antianxiety & Antidepressant Meds

- Azapirones
- Benzodiazepines
- Beta blockers
- Tricyclics
- MAOIs
- SSRI
- Atypical antidepressants
- SSNRI

Question # 8

Based on the "Topic" and "Subtopic," I missed a question about:

Psych Drugs



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List five or more bullet points with your "take-aways" from this packet.

(What is most important for you to remember as you prepare for the NCLEX and future patient care?)

Foods to Avoid w/ MAOIs

- Alcohol
- Aged cheese, sour cream
- Avocado, bananas
- Smoked meats, bologna, chicken or beef liver, dried fish
- Large amounts of caffeinated coffee, tea

Question # 9

Student Name: Amber Freeman

Based on the "Topic" and "Subtopic," I missed a question about:

Psych Drugs

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List five or more bullet points with your "take-aways" from this packet.

(What is most important for you to remember as you prepare for the NCLEX and future patient care?)

Extrapyramidal Side Effects of Antipsychotics

- Akathisia
- Akinesia
- Drug induced parkinsonism
- Dyskinesia
- Dystonia
- NMS
- Tardive dyskinesia

Question # 10

Based on the "Topic" and "Subtopic," I missed a question about:

Substance use & addiction

I have reviewed each of the excerpts/activities listed under the Packet > Remediation Content

List five or more bullet points with your "take-aways" from this packet.

(What is most important for you to remember as you prepare for the NCLEX and future patient care?)

management of Alcohol Withdrawal

- long-acting benzodiazepines are the drug of choice
- A symptom-triggered dosing regimen is preferred over fixed schedule dosing
- Use a clinically valid & reliable withdrawal assessment tool
- A fixed schedule 2-as-needed dosing
- Administer thiamine to prevent Wernicke disease

Question # 11

Student Name: Amber Freeman

Based on the "Topic" and "Subtopic," I missed a question about:

Substance Use & Addiction

I have reviewed each of the excerpts/activities listed under the Packet > Remediation Content

List five or more bullet points with your "take-aways" from this packet.

(What is most important for you to remember as you prepare for the NCLEX and future patient care?) Implementation

- Adjusting daily routines to focus on the person, not the task
- Adjusting interaction & communication strategies to ensure that the person receives the message
- Changing reactions
- change how you respond to person's behavior
- monitor & adjusting the environment

Question # 12

Based on the "Topic" and "Subtopic," I missed a question about:

Substance Use & Addiction

I have reviewed each of the excerpts/activities listed under the Packet > Remediation Content

List five or more bullet points with your "take-aways" from this packet.

(What is most important for you to remember as you prepare for the NCLEX and future patient care?) Decrease escalation & Dementia

- ↓ environmental stimuli
- Approach in a calm manner
- use distraction (food, drink, music)
- maintain eye contact
- use more than 1 sensory to send calm message
- match verbal & nonverbal signals
- don't add more demands at this time
- slow down pace
- maintain safety

Question # 13

Student Name: Amber Freeman

Based on the "Topic" and "Subtopic," I missed a question about:

Mental Health Nursing Skills

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List five or more bullet points with your "take-aways" from this packet.

(What is most important for you to remember as you prepare for the NCLEX and future patient care?)

Helping role

- Awareness of self
- Ability to analyze own feelings
- Ability to serve as a model to others
- Desire to help others
- Strong sense of ethics & high principles
- Sense of responsibility

Question # 14

Based on the "Topic" and "Subtopic," I missed a question about:

Mental Health Nursing Skills

I have reviewed each of the excerpts/activities listed under the Packet > Remediation Content

List five or more bullet points with your "take-aways" from this packet.

(What is most important for you to remember as you prepare for the NCLEX and future patient care?)

Developing therapeutic nurse-patient relationships require

- Humanistic system of values
- Ability to instill faith & hope
- Sensitivity to one's self & to others
- Ability to develop helping, trusting relationships
- Ability to express both positive & neg feelings
- Ability to use problem solving methods for decision making
- Ability to assist & meet human needs

Question # 15

Student Name: Amber Freeman

Based on the "Topic" and "Subtopic," I missed a question about:

Mental Health Nursing Skills



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List five or more bullet points with your "take-aways" from this packet.

(What is most important for you to remember as you prepare for the NCLEX and future patient care?)

Importance of Nurses self-care

- Can't give fully engaged compassionate care to others when you feel depleted or don't feel cared for yourself.
- Frequent, intense, or prolonged exposure to grief & loss places a nurse at risk for developing compassion fatigue.
- Traumatic stress when witnessing trauma
- Learn to voice concerns
- Learn to identify triggers

Question #

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(What is most important for you to remember as you prepare for the NCLEX and future patient care?)