

Question # _____ Student Name: Michael Farces

Based on the "Topic" and "Subtopic," I missed a question about:
Psych drugs (Lithium)

I have reviewed each of the excerpts/activities listed under the Packet > Remediation Content

List five or more bullet points with your "take-aways" from this packet.
(What is most important for you to remember as you prepare for the NCLEX and future patient care?)

- therapeutic level (0.6-1)
 - hand tremor, memory problems, goiter, hypothyroidism, weight gain
- Mild to moderate toxicity (1.5-2)
 - Diarrhea, vomiting, hand tremor, dry mouth
- Moderate-severe (2-3)
 - Previous symptoms plus ataxia, giddiness, tinnitus, large output of dilute urine
- Severe (>3)
 - Plus seizures, organ failure, renal failure, coma, death

Question # _____

Based on the "Topic" and "Subtopic," I missed a question about:
Drug Interaction with Lithium

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List five or more bullet points with your "take-aways" from this packet.
(What is most important for you to remember as you prepare for the NCLEX and future patient care?)

- Thiazide diuretics = Increased lithium
 - NSAIDs = Increased
 - ACE inhibitors = Increased
 - Calcium channel blockers = Increased or decreased
- Lithium can cause fetal toxicity when given to pregnant women.
Lithium should be withdrawn for at least the 1st trimester

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List five or more bullet points with your "take-aways" from this packet. (What is most important for you to remember as you prepare for the NCLEX and future patient care?)	
<ul style="list-style-type: none"> - Lithium has been the mainstay of tx for pts w/ bipolar d/o. - It has some troubling side effects, so the physician or nurse practitioner may prescribe Depakote instead. - Lithium can cause problems because the difference is slight between a therapeutic dose and a harmful dose - They must have their blood tested frequently for lithium content. - Atypical antipsychotic agents have been approved to treat bipolar d/o as well, these drugs are effective but have been known to cause substantial weight gain 	

Question #	
Based on the "Topic" and "Subtopic," I missed a question about: <u>Lithium Interactions</u>	
<input checked="" type="checkbox"/> I have reviewed each of the excerpts/activities listed under the Packet > Remediation Content	
List five or more bullet points with your "take-aways" from this packet. (What is most important for you to remember as you prepare for the NCLEX and future patient care?)	
<ul style="list-style-type: none"> - Diuretics decrease lithium excretion and elevate serum lithium levels - Indomethacin and other NSAIDs reduce renal elimination of lithium, increasing serum lithium levels - Switching to a low-salt diet after tx commences also elevates serum lithium levels - Acetazolamide, caffeine, and alcohol can increase lithium excretion - Combining lithium with antipsychotic drugs or benzos is common 	

Question #	Student Name: <u>Michael Garcia</u>
Based on the "Topic" and "Subtopic," I missed a question about: <u>Management of alcohol withdrawal</u>	
<input checked="" type="checkbox"/>	I have reviewed each of the excerpts/activities listed under the Packet > Remediation Content
List five or more bullet points with your "take-aways" from this packet. (What is most important for you to remember as you prepare for the NCLEX and future patient care?)	
<p>Alcohol detoxification</p> <ul style="list-style-type: none"> - the long-acting benzodiazepines are the drugs of choice - A symptom-triggered dosing regimen is preferred over fixed-schedule dosing - the use of a clinically valid and reliable withdrawal assessment tool - Although neither magnesium nor thiamine reduces seizures, administration of thiamine is recommended to prevent Wernicke-Korsakoff syndrome - A fixed schedule with PRN dosing may be indicated 	

Question #	
Based on the "Topic" and "Subtopic," I missed a question about: <u>Psychotherapeutic nurse-patient relationship</u>	
<input checked="" type="checkbox"/>	I have reviewed each of the excerpts/activities listed under the Packet > Remediation Content
List five or more bullet points with your "take-aways" from this packet. (What is most important for you to remember as you prepare for the NCLEX and future patient care?)	
<ul style="list-style-type: none"> - Be calm when talking to patients - Accept patients as they are, but do not accept all behaviors - Keep promises - Be consistent - Be honest 	

Question #	Student Name: Michael Preece
Based on the "Topic" and "Subtopic," I missed a question about: Psychotherapeutic nurse-patient relationship	
<input type="checkbox"/>	I have reviewed each of the excerpts/activities listed under the Packet > Remediation Content
List five or more bullet points with your "take-aways" from this packet. (What is most important for you to remember as you prepare for the NCLEX and future patient care?)	
<ul style="list-style-type: none"> - Do not reinforce hallucinations or delusions - Orient patients to time, person, and place, if indicated - Do not touch patients without warning them - Avoid whispering or laughing when patients are unable to hear all of a conversation - Reinforce positive behaviors 	

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Based on the "Topic" and "Subtopic," I missed a question about: Nurse-patient relationship	
<input checked="" type="checkbox"/>	I have reviewed each of the excerpts/activities listed under the Packet > Remediation Content
List five or more bullet points with your "take-aways" from this packet. (What is most important for you to remember as you prepare for the NCLEX and future patient care?)	
<p>Key nursing interventions</p> <ul style="list-style-type: none"> - Do not argue about delusions - Do not reinforce hallucinations - Focus on real people and real events - Be diligent in attempting to understand patients - Attempt to balance siding with inappropriate behavior and crushing a fragile ego 	

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Delusions	
<input checked="" type="checkbox"/>	I have reviewed each of the excerpts/activities listed under the Packet > Remediation Content
List five or more bullet points with your "take-aways" from this packet. (What is most important for you to remember as you prepare for the NCLEX and future patient care?)	
<p>Communication</p> <ul style="list-style-type: none"> - To build trust, be open, honest, genuine, and reliable - Respond to suspicion in a matter-of-fact, empathic, supportive, and calm manner - Ask the patient to describe his beliefs - Avoid debating the delusional content, but interject doubt where appropriate - Validate if part of the delusion is real 	

Question #	
Based on the "Topic" and "Subtopic," I missed a question about:	
Coping with auditory hallucinations or delusions	
<input checked="" type="checkbox"/>	I have reviewed each of the excerpts/activities listed under the Packet > Remediation Content
List five or more bullet points with your "take-aways" from this packet. (What is most important for you to remember as you prepare for the NCLEX and future patient care?)	
<p>Patient and family teaching</p> <ul style="list-style-type: none"> - Use competing auditory stimuli - Promote reality testing - Engage in activity - Talk to yourself - Make contact with others 	

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List five or more bullet points with your "take-aways" from this packet. (What is most important for you to remember as you prepare for the NCLEX and future patient care?)	
<p>Resources for persons with serious mental illness</p> <ul style="list-style-type: none"> - Psychiatric or medical-somatic services - Case management - Day programs - Crisis intervention services - Emergency psychiatric services - PHPs 	

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Based on the "Topic" and "Subtopic," I missed a question about: Stages of Schizophrenia	
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List five or more bullet points with your "take-aways" from this packet. (What is most important for you to remember as you prepare for the NCLEX and future patient care?)	
<ul style="list-style-type: none"> - Prodromal phase often begins in adolescence and begins with lack of energy or motivation and withdrawal - Quiet, passive behavior is typical of the prepsychotic phase. The individual prefers to be alone. Hallucination and delusions sometimes occur in this stage - During acute phase, signs and symptoms sometimes vary widely, but disturbances in thought, perception, emotion, and behavior are very apparent. - The residual phase features a group of symptoms similar to that in the prodromal phase 	

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<p>List five or more bullet points with your "take-aways" from this packet. (What is most important for you to remember as you prepare for the NCLEX and future patient care?)</p> <p>Managing relapse</p> <ul style="list-style-type: none"> - Go to a safe environment with someone who can help you if help is needed this person should be able to monitor behavior that indicates the relapse is getting worse - Reduce the stress and demands on yourself - Take medications if this is part of your program. - Talk to a trusted person about the voices are saying to you or about the thoughts you are having - Avoid negative people who say things such as, "You are thinking crazy." 	

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<p>List five or more bullet points with your "take-aways" from this packet. (What is most important for you to remember as you prepare for the NCLEX and future patient care?)</p> <p>Symptom management technique</p> <ul style="list-style-type: none"> - Distraction - Listen to music, concentrate on hobby, watch TV - Fighting back - Self-talk, don't pay attention to the thoughts, yell back - Isolation - Stay home, go to bed, try to live with symptoms - Attempts to feel better - pray, eat, take a shower, hug a pillow - Help seeking - Talk to family members, go to ER, talk to the doctor 	

Question #	Student Name: Michael Farces
Based on the "Topic" and "Subtopic," I missed a question about: Thought disorders Major symptoms of Schizophrenia	
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List five or more bullet points with your "take-aways" from this packet. (What is most important for you to remember as you prepare for the NCLEX and future patient care?) Positive symptoms Hallucinations Delusions Positive formal thought disorder Bizarre behavior Aggressive	

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Based on the "Topic" and "Subtopic," I missed a question about: Negative symptoms of schizophrenia	
<input checked="" type="checkbox"/>	I have reviewed each of the excerpts/activities listed under the Packet > Remediation Content
List five or more bullet points with your "take-aways" from this packet. (What is most important for you to remember as you prepare for the NCLEX and future patient care?) Affective flattening Alogia Anhedonia - asociality Attention Avolition - apathy Physical anergia	