

NAME: \_\_\_\_\_ Sadie Burrow \_\_\_\_\_ DATE: 9/18/25

## POST-CLINICAL REFLECTION **OB Simulation Reflection - due on Thursday by 2359**

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
What feelings did you experience in clinical?  Why?	I felt nervousness because I didn't know what was going to happen in simulation. I didn't know if I was going to have to have to treat for GBS or deliver the baby. Turns out I ended up doing both. I was thankful I was prepared for both.
What did you already know and do well as you provided patient care?	I feel like in this scenario I did well at advocating for my patient. My patient would not accept pain meds b/c the husband was telling her she couldn't. I ended up getting the pain meds when he left b/c she agreed the room and got her the pain management she deserved. I also advocated for the patient by not letting the doctor rush her labor because that's not right.
What areas do you need to develop/improve?	I need to improve on looking at the iv pump flow rate and making sure it is accurate with the orders. The iv pump was on 75 mL/hr not the 125 m/hr ordered and I did not even notice.
What did you learn today?	I learned how to question a patient who was experiencing IPV without scaring them, I learned how to deal with multiple stressors happening at one time and still care for the patient. I also learned how to utilize other nurses and health care workers for collaboration.
How will you apply what was learned to improve patient care?	I will use other healthcare members for help; I will always make sure to check IV pump & advocate for my patient!
Please <b>reflect</b> on how your OB simulation learning experience assisted in meeting 2-3 of the <b>Student Learning Outcomes</b> .	<p>Safety/Quality</p> <ol style="list-style-type: none"><li>1. I made a safe environment for the patient by getting her husband out of the room when he made a comment on hurting the patient. I advocated for the patient and made sure that security came and got him, which made a safe environment and gave quality care.</li></ol> <p>Patient Centered Care</p> <ol style="list-style-type: none"><li>2. I did patient centered care by creating a plan of care before entering the room that had multiple different ideas and scenarios that may occur. I advocated for the patient throughout the scenario and really wanted her to get the care she deserved.</li></ol>

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