

NAME: Avey Fira

DATE: ___9/17/25_____

POST-CLINICAL REFLECTION **OB Simulation Reflection - due on Thursday by 2359**

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
What feelings did you experience in clinical? Why?	I felt happy in OB sim! I had a blast, and I was comfortable with everyone who was with me and enjoyed the two days. The environment made me feel comfortable and happy and made me feel okay even when messing things up.
What did you already know and do well as you provided patient care?	I feel like I did know a lot more than what I credited myself for. I felt pretty confident in the decisions I was making and reminding the people what was needed in the scenario.
What areas do you need to develop/improve?	I would say my SBAR I do like to joke around to lighten the mood but I think I could practice to make myself more comfortable in the situation.
What did you learn today?	I learned that stealing a baby isn't that hard even with three nurses in the room. Haha, it did honestly show me to not put my guard down.
How will you apply what was learned to improve patient care?	I will apply getting more information especially from a mom who has been on bed rest for 3 weeks and also has had a still birth in the past. It is like Mrs. Soliz said you can change their whole experience with one question.
Please reflect on how your OB simulation learning experience assisted in meeting 2-3 of the Student Learning Outcomes .	<ol style="list-style-type: none">1. Patient Centered Care: I feel like patient centered care was asking mom about the still birth and seeing how she is reacting with a new baby. I also think comparing the still birth to what was happening with this baby was a good way for us to prevent another still birth. 2. Communication and Collaboration : I think we did well with this with delegating. I feel like I was delegating task enough for everyone to be busy and have something to do. I also

think when I called doctor to make sure she could have a certain medication that was good communication.

- 3. Safety and Quality:** I would monitor her blood pressure to make sure she was not escalating into Severe preeclampsia or HELLP syndrome. I also was managing her blood sugars and was watching baby's heart rate to make sure we intervened when needed. (and we did with iur).