

Question Student Name:

# 1

Based on the "Topic" and "Subtopic," I missed a question about:

I have reviewed each of the excerpts/activities listed under the Packet > Remediation Content

List five or more bullet points with your "take-aways" from this packet.

(What is most important for you to remember as you prepare for the NCLEX and future patient care?)

missed questions related to anxiety and mood disorders

- a red flag is going from sad to seemingly peaceful
- social support is IMPORTANT
- first priority is self destructive behaviors
- patients @ risk of suicide should be not left alone
- depression and anxiety are heavily present in adult (older) populations

Question

# 2

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(What is most important for you to remember as you prepare for the NCLEX and future patient care?)

questions on interpersonal violence

- stay out of contact (physical) with patient
- call for staff assistance
- screen for mistreatment away from care giver (child/elder)
- lack of clinical evidence on injuries - red flag
- record and report all history

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# 3

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- evaluate the extent of the problem
- also look at the full affect on the individual
- involuntary treatment is used when pt is harm to self or others
- assess the content of any hallucinations
- treat with combination of therapy and med to prioritize safety

Question

# 4

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(What is most important for you to remember as you prepare for the NCLEX and future patient care?)

- mental health nursing skills
- nurse care is a priority to provide quality care for patients
- frequent/prolonged exposure to grief may cause compassion fatigue
- promote interpersonal teaching and learning
- nurses must be aware of self and own feelings
- after long/difficult experiences - debrief to regain support and perspective

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# 5

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(What is most important for you to remember as you prepare for the NCLEX and future patient care?)

- depression (case study)
- if hearing voices; what are they saying?
- common w/ depression
  - ↳ poor concentration, ↓ hygiene, slow motor activity
- involuntary holds for:
  - ↳ inability to meet basic self care
  - ↳ threat of harm to self or others
- Fluoxetine (SSRI): increases availability of serotonin
- THYROID: hypothyroidism can lead to depression

Question

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