NAME: _____ DATE: _____
Misti Damron 09/18/2025

POST-CLINICAL REFLECTION **OB Simulation Reflection - due on Thursday by 2359**

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
What feelings did you experience in clinical? Why?	I was feeling very nervous, and I also felt that my communication was better than I thought.
What did you already know and do well as you provided patient care?	I did know about Leopold's, and I was confident in my skills. I also was able to start the LR correctly and proficiently.
What areas do you need to develop/improve?	I would like to improve in reading the FHR strips and counting contractions. I am also interested in learning how to properly conduct a time out prior to surgery.
What did you learn today?	I did learn today the effects of Toxoplasmosis on the fetus. I was nervous and forgot so I had to look it up on my phone. I apologize about that. I also learned how to steal a baby! That was greatness!
How will you apply what was learned to improve patient care?	Educating the patient on the importance of not changing cat litter while being pregnant. Education is very important in all aspects of health care.
Please **reflect** on how your OB simulation learning experience assisted in meeting 2-3 of the **Student Learning Outcomes.**	1.Patient communication and teaching on the importance of not drinking and breast feeding. 2. During time out, I stopped the physician from starting the procedure so we could do our time out. 3. I did delegate task to my nurses. I also presented the SBAR to the physician.