

NAME:

DATE:

**POST-CLINICAL REFLECTION OB Simulation Reflection - due on Thursday by 2359**

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
<p>What feelings did you experience in clinical?</p> <p>Why?</p>	<p>At first I was nervous and anxious as I always am in SIM, but after running through the practice run I felt a lot better and being able to play multiple roles made me more confident for when it became my scenario.</p>
<p>What did you already know and do well as you provided patient care?</p>	<p>I already knew my patient was going to be hypoglycemic due to mom having gestational diabetes and I knew baby was having trouble stabilizing their temp. I think I did well with checking the glucose and providing the glucose water twice to try and get the sugar up and placing the baby under the radiant warmer with a hat and blanket.</p>
<p>What areas do you need to develop/improve?</p>	<p>I think I need to improve on multitasking and making sure I have everything in order before going through with it. Just being more prepared for the worst possible outcomes. And being aware of my surroundings for the safety of the patient.</p>
<p>What did you learn today?</p>	<p>I learned that sometimes when you think you have a plan based on the diagnosis and the report you get for the patient's current status, that is not always how it's going to look going into the room. Things can change fast, and you have to be prepared for all the different outcomes that can happen.</p>
<p>How will you apply what was learned to improve patient care?</p>	<p>I will be more aware, more prepared and use my fast critical thinking skills to always be able to perform well in chaotic situations.</p>
<p>Please <b>reflect</b> on how your OB simulation learning experience assisted in meeting 2-3 of the <b>Student Learning Outcomes</b>.</p>	<p>1. Communication/Collaboration – during simulation I performed communication and collaboration when me and the other nurses shared patient assessment findings and worked together to decide the next steps. For example, when we saw the baby's blood sugar wasn't improving, we communicated on ways to try to improve it and decided to administer another dose of glucose water and when it still did not improve, we called the dr. Calling the dr was another example of communication because I used them as a resource to come to the conclusion of sending baby to the NICU.</p> <p>2. Patient centered care – during simulation I demonstrated patient centered care by focusing on the patient's need while completing interventions. And my other nurses did the same for mom so we all</p>

came together to make sure care wasn't just centered on baby but mom as well. For example, while the other nurses were checking on mom, I explained what we were doing, reassured her and told her everything I was doing to her baby and made sure she was included. This showed that even in a high stress situation, it's important to keep the patient informed and educate them while providing safe and effective care. Even though my main focus was on baby, mom is the advocate for him so I keep her informed and ask her consent for everything.

3.