

# OB Simulation Patient Preparation Worksheet

This section is to be completed prior to Sim Day 1:

Student Name: Yvonne Damyan Admit Date: 09/16/2025  
 Patient initials: SR G 1 P 0 AB 0 L 0 M 0 EDD: 9/15/24 Gest. Age: 36  
 Blood Type/Rh: O/+ Rubella Status: Immune GBS status: Negative  
 Obstetrical reason for admission: External version  
 Complication with this or previous pregnancies: None - Baby is breech  
 Chronic health conditions: None  
 Allergies: NKDA on SBAR, OB version protocol orders - morphine (✓ E pt)  
 Priority Body System(s) to Assess: Fundus, FHR, r/s, Cardiac + respiratory

## Pathophysiology

Interpreting clinical data collected, what is the primary/current medical/obstetrical problem? Baby Breech

State the pathophysiology of this problem in your own words.

**Complete the medical/obstetrical problem & fetal implications section for any pregnant patient.**

**Complete the medical/obstetrical problem ONLY for any postpartum patient.**

**Complete the newborn implications ONLY for any newborn infant.**

Medical/Obstetrical Problem	Pathophysiology of Medical/Obstetrical Problem
<u>ptl fetal blood could mix / comp of c-section</u>	<u>Rh incompatibility, infection, hemorrhage, etc.</u>
Fetal/Newborn Implications	Pathophysiology of Fetal/Newborn Implications
<u>Cord prolapse umbilical cord entanglement</u>	<u>Can cause hypoxia Placental abruption</u>

## Problem Recognition

To prevent a complication based on the primary medical problem, answer each question in the table below.

Question	Most Likely Maternal Complication	Worst Possible Maternal Complication	Most Likely Fetal/Newborn Complication	Worst Possible Fetal/Neonatal Complication
Identify the most likely and worst possible complications.	<u>C-section</u>	<u>infection, blood clots (DVT), hemorrhage</u>	<u>Respiratory distress</u>	<u>Sfx-injuries cuts Skull fx</u>
What interventions can prevent them from developing?	<u>strict wound care</u>	<u>Sepsis</u>	<u>Suction mouth, nose immediately monitor r/s &amp; level</u>	<u>Skin assessment neuro assessment</u>
What clinical data/assessments are needed to identify complications early?	<u>oxygen, foul smelling d/c or dehiscence</u>	<u>r/s, mental changes, temp, skin color, pain</u>	<u>Monitor r/s, grunting, nasal flaring, retractions</u>	<u>reflexes, motor skills, tone, skin inspection</u>
What nursing interventions will the nurse implement if the anticipated complication develops?	<u>administering antibiotics, wound care</u>	<u>Obtain blood cts, I + O, + r/s</u>	<u>assessing patency by suctioning, warm humidified oxygen</u>	<u>wound care Monitor for ICP, close monitoring</u>

educate pt

## Surgery or Invasive Procedures – *LEAVE BLANK if this does not apply to your patient*

Describe the procedure in your own words.

Procedure

## Surgery/Procedures Problem Recognition – *LEAVE BLANK if this does not apply*

To prevent a complication based on the procedure, answer each question in the table below.

Question	Most Likely Maternal Complication	Worst Possible Maternal Complication	Most Likely Fetal/ Newborn Complication	Worst Possible Fetal/ Neonatal Complication
Identify the most likely and worst possible complications.				
What interventions can prevent them from developing?				
What clinical data/assessments are needed to identify complications early?				
What nursing interventions will the nurse implement if the anticipated complication develops?				

## Pharmacology

New drugs ordered during scenario must be added before student leaves the simulation center for the day.

Medications	Pharm. Class	Mechanism of Action in OWN WORDS	Common Side Effects	Assessments/Nursing Responsibilities

# Nursing Management of Care

After interpreting clinical data collected, identify the nursing priority goal for your shift and three priority interventions specific for your patient's possible complications (listed on page one). For each intervention write the rationale and expected outcome.

Nursing Priority	Fetus Presenting Breech	
Goal/Outcome	Mom wants vaginal birth / worried about C-section	
Priority Assessment/Intervention(s)	Rationale	Expected Outcome
<ol style="list-style-type: none"> <li>1. Provide info regarding internal version / consents signed, give meds</li> <li>2. Promote client's fetal health</li> <li>3. Reduce anxiety</li> </ol>	<ol style="list-style-type: none"> <li>1. pt knows what procedure risk, comp, med side effect uterus</li> <li>2. obtain baseline vs/FHR. Confump pt has not had anything by mouth to nes prior</li> <li>3. due to success of rotation not working / complications may lead to C-sec</li> </ol>	<ol style="list-style-type: none"> <li>1. Change fetal position from breech presentation</li> <li>2. After procedure vs go back to baseline for mom/fetus keep mom from overreacting</li> <li>3. Keep pt informed about the baby's position + FHR patterns</li> </ol>

Abnormal Relevant Lab Test	Current	Clinical Significance
Complete Blood Count (CBC) Labs		
Metabolic Panel Labs		
Are there any Labs results that are concerning to the Nurse?		

Current Priority Focused Nursing Assessment							
CV	Resp	Neuro	GI	GU	Skin	VS	Other
						✓	