

### Mom & Baby Medication Worksheet

Medication	Mechanism of Action	Maternal Effects	Nursing Management
Methylergonovine Maleate	Contract smooth muscle <ul style="list-style-type: none"> <li>• help deliver placenta</li> <li>• prevent hemorrhage</li> </ul>	<ul style="list-style-type: none"> <li>• ↑ Bp</li> <li>• HA</li> <li>• blurred vision</li> <li>• Seizure</li> <li>• N/V</li> <li>• cramping</li> <li>• ↓ HR</li> </ul>	<ul style="list-style-type: none"> <li>• Monitor for hemorrhage (↓ Bp, ↑ HR, dizzy, gush of warm), VS, SOB, HA, chest pain</li> <li>• Wait 12 hr. b4 breastfeeding</li> <li>• Contraindicated: HTN / cardiac dz</li> </ul>
Prenatal Vitamin	provide nutritional support before, during, after pregnancy contain folic acid ↓ birth defects provides iron that helps oxygenates blood	<ul style="list-style-type: none"> <li>• N/V</li> <li>• increase glucose</li> <li>• HA</li> </ul>	<ul style="list-style-type: none"> <li>• electrolyte imbalance (HA, HR, muscle twitches, I &amp; O)</li> <li>• Monitor blood glucose levels</li> </ul>
Hydromorphone	Opioid - decrease pain CNS depressant	<ul style="list-style-type: none"> <li>• Respiratory depression (↓ HR, ↓ RR, confusion)</li> <li>• dizziness/drowsiness</li> <li>• HA</li> <li>• Constipation</li> </ul>	<ul style="list-style-type: none"> <li>• Assist getting up, arise slowly, use call light</li> <li>• Monitor BM - avoid constipation</li> <li>• Re-assess pain levels</li> </ul>
Keterolac	NSAID anti-inflammatory decrease pain metabolized in liver	<ul style="list-style-type: none"> <li>• dizziness/drowsiness</li> <li>• HA</li> <li>• Swelling</li> <li>• SOB - report</li> <li>• Stomach pain - report</li> </ul>	<ul style="list-style-type: none"> <li>• increase heart attack/stroke, monitor HR, Bp, edema</li> <li>• report blood in stools - stomach ulcer</li> </ul>
Colace	Stool softener to prevent constipation & prevent straining	<ul style="list-style-type: none"> <li>• stomach cramps</li> <li>• diarrhea</li> </ul>	<ul style="list-style-type: none"> <li>• Monitor last BM, rectal bleeding, pain,</li> <li>• increase fluids help avoid constipation</li> </ul>

Hydralazine	Vasodilator to decrease high blood pressure & increase blood flow	<ul style="list-style-type: none"> <li>• Chest pain</li> <li>• ↑ HR</li> <li>• N/V/D</li> </ul>	<ul style="list-style-type: none"> <li>• Monitor HR, dizziness, use call light if feeling faint, get up slowly</li> <li>• Contraindicated – coronary artery dz, rheumatic dz</li> </ul>
Labetolol	beta-blocker that decreases high blood pressure	<ul style="list-style-type: none"> <li>dizziness/drowsiness</li> <li>fatigue</li> <li>N/V</li> <li>skin redness</li> <li>sweating</li> </ul>	<ul style="list-style-type: none"> <li>• Monitor HR, dizziness, use call light if feeling faint, get up slowly</li> <li>• Can lower glucose - monitor hypoglycemia</li> <li>• Do not stop abruptly</li> </ul>
Source: drugs.com, postpartum Nursing powerpoint, Clevelandclinic.org			