

## Mom &amp; Baby Medication Worksheet

Medication	Mechanism of Action	Maternal Effects	Nursing Management
<b>Methylergonovine Maleate</b>	Stimulates uterine muscle —> controls postpartum bleeding	-hypotension -nausea -headache -cramping	Monitor BP closely, hold if hypertensive
<b>Prenatal Vitamin</b>	Provides vitamins/minerals to support pregnancy & fetal growth	-nausea -constipation	Take with food, encourage fluids/fiber for constipation.
<b>Hydromorphone</b>	Binds to opioid receptors —> decreases pain	-sedation -respiratory depression -constipation -nausea	Monitor respirations, level of consciousness, and pain relief; fall precautions
<b>Keterolac</b>	NSAID Reduces inflammation & pain	-GI upset -bleeding risk -kidney impairment	Give with food, monitor for bleeding/bruising, avoid with other NSAIDs
<b>Colace</b>	Stool softener —> increases water in stool	-mild cramps -diarrhea	Encourage fluids, fiber, and ambulation.

<p><b>Hydralazine</b></p>	<p>vasodilator —&gt; lowers blood pressure</p>	<p>-headache -tachycardia -hypotension</p>	<p>Monitor BP and HR, watch for dizziness.</p>
<p><b>Labetolol</b></p>	<p>Beta-blocker —&gt; lowers blood pressure</p>	<p>-fatigue -dizziness -bradycardia -hypotension</p>	<p>Monitor BP and HR, hold if HR &lt; 60 or SBP &lt; 90</p>