

## Instructional Module 6: Obstetrics Community Clinical Experience

Community Site: Parkridge Pregnancy Center

1. What did you observe during the day? Were there any specific procedures that were able to participate in or observe? During the day I got to observe a transabdominal and transvaginal ultrasound for the first time! I also got to help participate with a patient's pregnancy test and got to be there when the nurse told them they were pregnant!

2. What was the best/most interesting part of the experience? The most interesting part of the experience to me was seeing an ultrasound and seeing a baby at only 7 weeks old show up and see its little heartbeat. It was honestly amazing, and I had never seen an ultrasound before this!

3. Is a community nursing position something that you would consider working in? Why or why not? Yes! I really enjoyed this community site because I liked how they are able to give you resources and set you up with prenatal doctors etc. Patients came into this place very nervous and vulnerable, and I feel like a calming nurse that can give them information and resources could really change these patients futures & their babies!

4. Do you feel like this community site met the needs of the population they serve? Why or why not?

Yes! They do ultrasounds, std testing, pregnancy testing, counseling & parenting classes. I feel like this place is a very good place to go to when needing help on finding resources for prenatal care. The clinic was very welcoming, and all of the staff were so sweet. The nurses were so good on educating the patients and helping them to know where to go after finding out your pregnant and needing help!

5. Did you witness patient teaching? What general things were taught to this population? Do you feel that patient teaching in this community site was adequate? Why or why not? There were only 2 patients during the time I was there, but I heard A LOT of patient teaching just from those two scenarios. There was a lot of teachings on how to get Medicaid for during pregnancy and the steps and paperwork for that. There were teachings on signs of miscarriage vs normal vagina bleeding and cramps during pregnancy, and when you should go to the ER. There were papers and brochures for lab testing centers, and OB doctors that these patients could get in contact with. The nurse also was very good about showing and helping the patient understand the ultrasound. This site was very on top of all of their teachings and a very good place for the community.

6. Provide examples of care describing *one or more* of the IM6 Student Learning Outcomes.

<b>IM6 Student Learning Outcomes</b>				
<b>Safety &amp; Quality</b>	<b>Clinical Judgment</b>	<b>Patient Centered Care</b>	<b>Professionalism</b>	<b>Communication &amp; Collaboration</b>
<i>Formulate a plan of care for the childbearing family, and the patient with mental health disorders using evidence-based practice, safety, and quality principles.</i>	<i>Demonstrate clinical judgment using evidence-based data in making clinical decisions for the childbearing family, and the patient with mental health disorders.</i>	<i>Demonstrate family centered care based on the needs of the childbearing family, and the patient with mental health disorders.</i>	<i>Relate knowledge, skills, and attitudes required of the professional nurse by advocating and providing care to the childbearing families, and the patient with mental health disorders.</i>	<i>Communicate and collaborate effectively with patients, family, and members of the interdisciplinary team in the childbearing family, and the patient with mental health disorders.</i>

**Safety & Quality:**

**Clinical Judgment:**

**Patient Centered Care:**

**Professionalism:**

**Communication & Collaboration:** A way I communicated appropriately in this clinical site was by allowing the patient who was a young person, pregnant for the first time & this was their first appointment where they would be able to see the baby on the ultrasound voice their emotions and concerns to me. The patient voiced how they were so nervous for the first ultrasound and was scared something would be wrong. I smiled while they were talking and stood beside them while the nurse did the ultrasound. In this instant I feel like just active listening to this patient and being there showed my support and didn't make them more nervous. We then collaborated with the counselors at the community site that then went into a patients room to explain to them what all services are offered and about abortion counseling.