

NAME: \_\_\_\_\_

DATE: \_\_\_\_\_

**POST-CLINICAL REFLECTION OB Simulation Reflection - due on Thursday by 2359**

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
<p>What feelings did you experience in clinical?</p> <p>Why?</p>	<p>This was probably if not one of the first, the first simulation that I was not nervous about. Mrs. Soliz made it a very calm and soothing two days. I wasn't scared to give it my all.</p>
<p>What did you already know and do well as you provided patient care?</p>	<p>I knew the pts OB hx. I reassured the pt that we will do everything in our power to deliver her baby. I provided teaching for a diabetic diet. Did teaching on a NST and the parameters of a reactive and nonreactive result.</p>
<p>What areas do you need to develop/improve?</p>	<p>Better teaching, even though I provided good teaching about everything I feel like I could've provided GREAT teaching.</p>
<p>What did you learn today?</p>	<p>I learned family members can be a handful and so can doctors. I learned that patients can be really stubborn, and we just have to keep educating.</p>
<p>How will you apply what was learned to improve patient care?</p>	<p>I will have a more understanding and supportive attitude towards patients during this stressful time in their lives. I will give better teaching to patients. And from watching other scenarios I would be a big advocate for patients that need our help.</p>
<p>Please <b>reflect</b> on how your OB simulation learning experience assisted in meeting 2-3 of the <b>Student Learning Outcomes</b>.</p>	<p>1. Professionalism: even though I wanted to just throw the patient's snacks away so the family would quit trying to give them to her. I maintained calm and collected and kept providing education on how those snacks aren't healthy for the baby and the mom.</p> <p>2. Patient centered care: I made sure to acknowledge the needs of the patient. Made sure to reassure her that we will do our best for her to go home with this baby. I acknowledge the patient when she said, "I am just scared of not going home with my baby." Due to her last pregnancy where she delivered a still birth baby. She didn't want that to happen again. So I let her know that she will be admitted so that we could monitor the baby more.</p> <p>3</p>