

NAME: _____

DATE: _____

POST-CLINICAL REFLECTION OB Simulation Reflection - due on Thursday by 2359

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
<p>What feelings did you experience in clinical?</p> <p>Why?</p>	<p>This clinical experience helped me apply and reinforce the education talked about in lecture. I felt like I got to practice using therapeutic communication, educating the patient and family about emergency situations, and implementing appropriate interventions. I feel that part of learning is knowing information but also knowing when and how to apply that information. This experience required me to apply that knowledge during other distractions and stresses. By practicing interventions, I can better reflect on what I should improve on.</p>
<p>What did you already know and do well as you provided patient care?</p>	<p>I knew beforehand, in my scenario, that my priority care should be focused on the baby and to implement interventions to increase fetal temperature and prevent respiratory distress. During patient care, I assessed the fetal vital signs, checked glucose levels, kept patient under radiant warmer, obtain labs, and called the health care provider. I accurately preformed assessments and applied interventions for fetal distress.</p>
<p>What areas do you need to develop/improve?</p>	<p>I need to improve responding quickly with accurate clinical judgment when crisis and distractions arise. Specifically, I need to quickly recognize the most important safety concern and act to prevent that first. In my scenario, the most important intervention when the mother started to hemorrhage, was assessing and message the fundus. Next, I needed to call the HCP to increase oxytocin and help contract the fundus to stop the bleeding. When calling the provider, I want to improve and feel more comfortable giving a rapid SBAR and remembering to read back verbal orders.</p>
<p>What did you learn today?</p>	<p>Today I learned how to better determine what is in the range of my responsibilities as a nurse and when I need to work with the other healthcare team members to best provide care for the patient. In my scenario, both mom and baby declined in their conditions while under my care. My responsibility and role as a nurse is to recognize the changes and intervene appropriately. These interventions are not always going to 'solve' the patient's conditions. These interventions include notifying additional healthcare members so they can further provide care for the patient.</p>
<p>How will you apply what was learned to improve patient care?</p>	<p>I will continue to practice appropriate interventions, clinical judgement, prioritizing safety, and calling in others for help. I also will read back orders when given verbally.</p>
<p>Please reflect on how your OB simulation learning experience assisted in meeting 2-3 of the Student</p>	<p>1. Communication and Collaboration- In this clinical experience, I learned the importance and the appropriate timing on when to collaborate with other healthcare members to provide best care for the patient. In my</p>

Learning Outcomes.

scenario, I needed to call the NICU to assist in care for the baby. I needed to call the HCP to provide care for maternal hemorrhage promptly. I also needed assistance to delegate tasks to my secondary nurse and charge nurse to help provide emergency interventions for both patients. I used SBAR when updating HCP on care for both mom and baby, during maternal hemorrhage, and when transferring baby to NICU. I communicated with mom about care for baby and educated her on what her role would be for care and bonding with baby. I educated family member and mom on progressing status of baby and interventions that were implemented.

2. Clinical Judgement- This week in simulation, I demonstrated clinical judgment by first assessing baby's status and vital signs. I recognized what interventions could be done to increase fetal temperature and prevent respiratory distress. The initial interventions were not affective, and I used clinical judgment to alter the priority care and assess and act progressively. I used clinical judgment to determine when to call the provider concerning newborn instability. I also applied clinical judgment when mom started showing signs of hemorrhage, I applied knowledge as to what complications she was at risk for and implementing care in that crisis.