Outpatient Preparation Worksheet - OB Simulation
This section is to be completed prior to Sim Day 1:

Patient initials: CW	Date of Admission:								
EDD: 2/10/YY	Gest. Age 38 1/7 wks	G 3	P 2	T 2	PT 0	AB 0	L 1	M 0	

Blood Type / Rh:	Rubella Status: immune	GBS Status: negative

Complication with this or Previous Pregnancies:
1st Pregnancy, Preeclampsia   3rd Pregnancy, ↓fetal movement
2nd Pregnancy, Stillbirth @ 39wks

Chronic Health Conditions:
Diabetes, HTN, & Depression

Allergies: morphine

Current Medications:
Prenatal vitamins & Insulin

Patient Reported Concern Requiring Outpatient Evaluation:
↓ fetal movement

What PRIORITY assessment do you plan based on the patient's reported concern?
Monitor fetal heart rate

Pharmacology
Review patient home medications and any drug(s) ordered for the outpatient.

Medications	Pharm. Class	Mechanism of Action in OWN WORDS	Common Side Effects	Assessments/Nursing Responsibilities
Insulin	Hormone	↓ BGL because the body can't	HYPOglycemia	Monitor BGLs
Prenatal vitamins	Multivitamin & mineral supplements	Fill nutricial gaps that the mother isn't getting in w/ her diet	Constipation	Bowel movements/Bowel sounds Monitor fluid intake

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Pathophysiology

Interpreting clinical data - state the pathophysiology of the reported problem in your own words.
Make sure to include both the maternal and fetal implications

Medical/Obstetrical Problem	Pathophysiology of Medical/Obstetrical Problem
Diabetes	mother isn't perfusing adequate blood supply + oxygen to baby
Fetal/Newborn Implications	**Pathophysiology of Fetal/Newborn Implications**
↓ Blood supply + oxygen	↓ blood flow + oxygen to the baby will result in ↓ fetal movement

Problem Recognition

Based on the patient's reported concern, answer each question in the table below.

Question	Most Likely Maternal Complication	Worst Possible Maternal Complication	Most Likely Fetal/Complication	Worst Possible Fetal/Complication
Identify the most likely and worst possible complications.	Be admitted for OBS	C Section	"Sleeping" Baby	Still birth
What assessments are needed to identify complications early?	To monitor Fetal HR	Fetal Monitoring	Fetal Monitoring	external fetal monitoring. Internal Monitoring Stimulation. Turning mom
What nursing interventions will the nurse implement if the complication develops?	low stress environment	Prepare the Pt to go to the OR	Try to stimulate Baby	Counseling for family + mom

Nursing Management of Care

Identify the nursing priority after interpreting clinical data collected for this outpatient evaluation.
List three priority nursing assessment/interventions specific to the patient concern. Include a rational and expected outcome for each.

Nursing Priority	assess fetal status
Goal/Outcome	live baby + live baby @ birth

Priority Assessment/Intervention(s)	Rationale	Expected Outcome
1. Turning mom	1. Putting baby in different position	1. Baby starting to move
2. Stimulating baby	2. To see if baby will move	2. Baby not likely stimulation + will "wake up" baby
3. fetal monitoring	3. To see if there is something causing baby not to move	3. Accelerations + Moderate Variability