

IM5 Clinical Worksheet – PICU

Student Name: *Aluc*

Patient Age: *8*

Date: *9/3/25*

Patient Weight: *47.3* kg

1. Admitting Diagnosis and Pathophysiology (State the pathophysiology in own words) 2. Priority Focused Assessment R/T
Diagnosis:

Asthmatics

Respiratory

3. Identify the most likely and worst possible complications. 4. What interventions can prevent the listed complications from developing?

Respiratory and cardiac arrest.

long term management - taking meds that should be taken every day.

Taking form meds when exacerbations occur

5. What clinical data/assessments are needed to identify these complications early? 6. What nursing interventions will the nurse implement if the anticipated complication develops?

observe for resp. difficulty (SOB, wheezing, retractions) and cardiac complications (skin color, cap refill)

O2, oxygen measurements, continuous drip monitoring, nebulizer, continuous fluids, I/O.

7. Pain & Discomfort Management:

List 2 Developmentally Appropriate

Non-Pharmacologic Interventions Related to Pain & Discomfort for This Patient.

1. *Distraction with pt phone or games.*

2. *Family at bedside to talk to and interact with*

8. Patient/Caregiver Teaching:

1. *The importance of taking meds as prescribed*

2. *Maintain a healthy lifestyle - good nutrition and exercise*

3. *How to properly use an inhaler*

Any Safety Issues Identified:

Please list any medications you administered or procedures you performed during your shift:

Zyrtec po

Albuterol continuous

Tylenol prn

