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Wed. 9.3.25

Pediatric ED Reflection Questions

1. What types of patients (diagnoses) did you see in the PED? Septic, head trauma, ~~stroke~~ ^{supracoylear fracture}, epidural hematoma, fever, UTI, suicidal ideation.

2. The majority of the patients who came into the PED were from which age group? Was this what you expected? 20m, 2 years, 5 years, 17 years, 11 years. I did expect a range of age groups, but I was surprised by the older ages.

3. Was your overall experience different than what you expected? Please give examples. I didn't expect to have so much interest in the various cases. I didn't expect to enjoy pedi trauma so much. I also enjoyed the cases that weren't emergent.

4. How did growth and development come into play when caring for patients (both in triage and in treatment rooms)? Growth & development is crucial when treating this younger population due to knowing what to expect & how to approach them. Especially during treatment / things that could hurt.

5. What types of procedures did you observe or assist with? IV insertion, blood cultures. Bipap.

6. What community acquired diseases are trending currently? Enterorhino, COVID mental health crisis.

7. What community mental health trends are being seen in the pediatric population? Anxiety, depression, intentional overdose.

8. How does the staff debrief after a traumatic event? Why is debriefing important?

Usually the next day there will be an option for a group meeting with breakfast and an opportunity to discuss. Other disciplines are able to be included, i.e. EMTs, firemen, etc.

9. What is the process for triaging patients in the PED?

Family member checks pt in. Nurse calls pt back. Vitals and acuity are selected before rooming.

10. What role does the Child Life Specialist play in the PED?

Helping with invasive procedures.

• Educating patients before surgery with different tools. Leads, pictures, doll, etc.

Covenant offers free counseling sessions as well. This is important because working in the emergency dept. is high stress and nurses see a lot of things that can be very traumatic. It is important to prioritize your mental health in this environment.