

NAME: Nyah Steele \_\_\_\_\_ DATE: 09/03/25 \_\_\_\_\_

**POST-CLINICAL REFLECTION OB Simulation Reflection - due on Thursday by 2359**

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
What feelings did you experience in clinical?  Why?	I felt very good about my clinical experience in Sim. The scenario made me critically think and open my mind to seeing scenarios you think you would never be in.
What did you already know and do well as you provided patient care?	I knew that my patient would be having a external version so I knew that continuous monitoring would have to be done to make sure SROM didn't happen.
What areas do you need to develop/improve?	I feel I could be more confident in my actions when making decisions.
What did you learn today?	I learned that it is very important to maintain professionalism during certain times and knowing how to respond.
How will you apply what was learned to improve patient care?	I have learned how to handle patient safety and uncomfortable situations that you would have to handle.
Please <b>reflect</b> on how your OB simulation learning experience assisted in meeting 2-3 of the <b>Student Learning Outcomes.</b>	<ol style="list-style-type: none"><li>1. My patient stated that she wanted to get to a trip and wear a bikini, but I maintained professionalism by letting her know that her body will need time to heal and to be sure she is okay to do so before leaving for such a big thing.</li></ol>