
No Woman No Cry (Medical Documentary)-Real Stories (56:05)

<https://www.youtube.com/watch?v=jXIPn0CApWM>

1. Watch “No Woman No Cry” and write a paragraph for each of the items below to address the following:
 - a. Compare the maternal health care profiled in each of the four countries.
 - b. What were your thoughts about the care for the poor in the United States?
 - c. What do you think that we could do as a country to decrease the maternal mortality rate?

In Tanzania, maternal health is not great. They have the highest maternal mortality rate, because of poverty. Access to healthcare is difficult because of poverty. The clinics that they have lack the equipment that could save a pregnant woman’s life. Transportation is a big problem also. Patients walk five miles or more just to get to the clinic, but when the case is severe and they need to go to the hospital, they do not have the money to go there.

In Bangladesh, pregnant women in the poverty line tend to give birth at home because of culture and poverty. People see women as a child-bearing human being. If they cannot bear a child, they are useless. Poverty makes access to healthcare exceedingly difficult.

In Guatemala, they lack skilled workers to take care of pregnant women. Also, they do not take pregnancy very seriously. They would see maternal death as natural. If they die giving birth, they view it as natural and heroic. Maternity is an obligation for a woman to have children to them.

United States has the means to prevent maternal mortality, but it is extremely expensive. In other countries, you can get it free if you can access it, but in the States, it will not be free.

I would say care for the poor in the United States is still not great and not worse either. Low-income individuals can have Medicaid to access healthcare. There are still a lot of poor Americans who are uninsured. Lack of coverage leads to hospitalization, no medications, and delayed care.

Better access to healthcare, by funding the rural areas. Transportation should also be considered so that they can go to their appointments, get their prescribed medications, and get food. Educate them about healthy lifestyles and what to avoid.