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Instructional Module 6
Magnolia Doula Community Clinical Experience

1. What did you learn from observing the doula that you could apply in your own nursing practice?

That they are a big advocate to mom and baby and that they become apart of the family.

2. What role did the doula play in informed decision-making and patient autonomy?

She played a professional role while following mom's wishes she informs mom of why doctors suggest it.

3. How do you think having a doula impacted the patient's birth experience and outcomes?

I believe the doula has a big impact because it's more support for mom to have.

4. How can nurses and doulas work together effectively to provide optimal care?

To meet and talk about what mom wants and that it's safe for mom and baby

5. What non-medical comfort measures did the doula use or discuss with the patient?

Doing different positions to help relieve back and pelvic pain such as spinning babies

6. How did the doula address the patient's cultural, spiritual, or personal values during labor?

She asked the client about themselves

7. Were there any moments where the doula acted as an advocate for the patient? Describe.

No

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8. How did observing a doula influence your perspective on the labor and birth process?

That many moms have different mind sets and plans for themselves and baby.

9. What surprised you most about the doula's role?

That they not only help with the process but they make sure they are an advocate for their mom to be.

10. How did the doula demonstrate professionalism in her interaction with the patient, family & healthcare team? Provide specific examples and reflect on how this influenced your understanding of professional behavior in a birth setting.

She would show up to the patients house on time and had all the supplies need for their appointment. She would also include partners in teaching them what positions to do to help mom even so she would ask about how dad felt to about the upcoming birth so that he felt included.