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### POST-CLINICAL REFLECTION **OB Simulation Reflection - due on Thursday by 2359**

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
What feelings did you experience in clinical?  Why?	Today in SIM, I experienced feelings of uncertainty and unease when faced with a family member who was difficult and resistant in me helping. It was challenging to know the best way to respond in the moment while still maintaining professionalism and focusing on the patient. Even though I felt unsure, I reminded myself that the priority is always the patient's safety, well-being, and rights.
What did you already know and do well as you provided patient care?	In today's SIM lab, I already knew going into the scenario that the patient was GBS +, which meant I needed to prepare to administer antibiotics prior to the delivery. I understood the importance of this intervention not only to treat and protect the mother, but also to minimize the risk of infection in the newborn. This reinforced my awareness of how anticipatory knowledge and timely interventions play a key role in promoting safe outcomes for both mother and baby.
What areas do you need to develop/improve?	Some areas I recognize I need to continue developing include learning how to better cluster care so that I can be more efficient and reduce unnecessary interruptions for the patient. I also want to build greater confidence when walking into a patient's room, trusting that I know the information and can provide safe, effective care. I also need to practice improving in recognizing and interpreting strips more accurately, which will strengthen my ability to respond appropriately to changes in a patient's condition.
What did you learn today?	The situation that I listed above when dealing with a difficult family member, helps me recognize the importance of staying calm, communicating clearly, and involving other members of the healthcare team when necessary in order to ensure the patient is cared for properly, while also managing the concerns and behaviors of family members. I also learned that not everything goes as planned, so it is okay to ask for help from other members of the healthcare team.
How will you apply what was learned to improve patient care?	I will practice and apply what I learned by focusing on clustering care more effectively, which will allow me to maximize time at the bedside, reduce patient interruptions, and provide more efficient care. Confidence when entering a patient's room doesn't always come easily. However, ways that can help ensure confidence would be reviewing patient information and care plan ahead of time, so I can walk in assured and ready to meet their needs. I will dedicate more time to practicing reading and interrupting strips so that I can recognize changes quickly and respond appropriately. By improving in these areas, I will be able to provide safer, higher-quality, and more patient-centered care.
Please <b>reflect</b> on how your OB simulation learning experience assisted in meeting 2-3 of the <b>Student Learning Outcomes</b> .	<u>Safety and Quality:</u> In SIM lab, I demonstrated safety and quality while caring for a patient who was a victim of IPV. I ensured the patient's safety by recognizing the need for privacy, so I called in security to help remove the partner from the room. This created a safe environment for

open communication. Once alone with the patient, I was able to establish trust, reassure her that she was being heard and respected, and inform her of her rights as a patient, including her right to safety and confidentiality. This allowed me to effectively gather information, advocate for her, and support her care while maintaining professional, patient-centered practice.

Communication & Collaboration: Today in SIM lab, I was able to communicate and collaborate effectively with my charge nurse, the physician, pharmacy, and security. By working as part of the healthcare team, I ensured that my patient received safe and appropriate care. I also verified that the care being provided was accurate and timely. I coordinated and communicated with many different healthcare professional today, ensuring that my patient was receiving patient-centered care.