

| IM6 Student Learning Outcomes | | | | |
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| Safety & Quality | Clinical Judgment | Patient Centered Care | Professionalism | Communication & Collaboration |
| <i>Formulate a plan of care for the childbearing family, and the patient with mental health disorders using evidence-based practice, safety, and quality principles.</i> | <i>Demonstrate clinical judgment using evidence-based data in making clinical decisions for the childbearing family, and the patient with mental health disorders.</i> | <i>Demonstrate family centered care based on the needs of the childbearing family, and the patient with mental health disorders.</i> | <i>Relate knowledge, skills, and attitudes required of the professional nurse by advocating and providing care to the childbearing families, and the patient with mental health disorders.</i> | <i>Communicate and collaborate effectively with patients, family, and members of the interdisciplinary team in the childbearing family, and the patient with mental health disorders.</i> |

Safety & Quality: In SIM lab, I demonstrated safety and quality while caring for a patient who was a victim of IPV. I ensured the patient’s safety by recognizing the need for privacy, so I called in security to help remove the partner from the room. This created a safe environment for open communication. Once alone with the patient, I was able to establish trust, reassure her that she was being heard and respected, and inform her of her rights as a patient, including her right to safety and confidentiality. This allowed me to effectively gather information, advocate for her, and support her care while maintaining professional, patient-centered practice.

Clinical Judgment: I observed clinical judgment when Dr. Winn drained the patient’s Bartholin’s cyst but then referred her to another doctor for surgery. She recognized that, although the immediate drainage provided relief, surgical management would likely be the best long-term outcome for the patient’s condition.

Patient Centered Care: Today in labor and delivery, I observed a nurse communicating with a patient who had hoped for a vaginal delivery but was now facing the need for a cesarean section due to lack of labor progression. The nurse took the time to listen to the patient’s wishes, acknowledged her feelings, and reassured her that she would advocate for her

preferences as much as possible. I watched how the nurse balanced respecting the patient's desire with ensuring the safety of both mother and baby, supporting her until the decision for a c-section became necessary. This experience showed me how patient-centered care means not only respecting and advocating for patient choices, but also guiding them with compassion and honesty when circumstances change. It showed me the importance of communication, advocacy, and empathy in helping patients feel heard and supported during difficult moments in their care.

Professionalism: During my postpartum clinical experience, I cared for a mother and father who were very worried about their newborn, who was experiencing desaturations. While the healthcare team cared for the baby, I focused on supporting the parents emotionally. I allowed them the space to express their fears and concerns, listened actively, and offered words of sympathy and reassurance. By simply being present and validating their feelings, I was able to help ease some of their anxiety during a very stressful time until they were able to see their baby. This experience reminded me of the importance of therapeutic communication and the powerful role of empathy in nursing care.

Communication & Collaboration: Today in SIM lab, I was able to communicate and collaborate effectively with my charge nurse, the physician, pharmacy, and security. By working as part of the healthcare team, I ensured that my patient received safe and appropriate care. I also verified that the care being provided was accurate and timely. I coordinated and communicated with many different healthcare professional today, ensuring that my patient was receiving patient-centered care.