

NAME: _____

DATE: _____

POST-CLINICAL REFLECTION OB Simulation Reflection - due on Thursday by 2359

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
What feelings did you experience in clinical? Why?	I initially felt concerned and anxious when the newborn's glucose barely came up despite interventions. The WBC being so high was a big indicator as to why the patient wasn't improving and the baby still grunting should have prompted me to call NICU sooner. I just wish I was more prepared, but I am glad I got to experience this scenario to use for future reference.
What did you already know and do well as you provided patient care?	I knew the order for the glucose and what to implement if >45mg/dL. I knew to do the baby's vital signs, CBC/culture, and wrapped baby to promote thermoregulation. Checking mom and baby's wristbands to make sure they belong to each other. My education was good on blood glucose and as to why baby had to be transferred to NICU.
What areas do you need to develop/improve?	I need to recognize cues and implement a plan of care faster. I also need to strengthen my confidence in performing rapid newborn assessments and in escalating care to the provider without hesitation.
What did you learn today?	I learned that temperature instability can be an early sign of sepsis, especially with a maternal GBS-positive history. Also that baby can deteriorate really fast so have NICU on standby.
How will you apply what was learned to improve patient care?	I will apply this knowledge by performing thorough, frequent newborn assessments, prioritizing thermoregulation. I will also be proactive in monitoring for early warning signs and escalating care promptly.
Please reflect on how your OB simulation learning experience assisted in meeting 2-3 of the Student Learning Outcomes .	<ol style="list-style-type: none"> 1. Communication & Collaboration. I explained to mom and dad why the newborn needed frequent vital sign checks, glucose checks, CBC, Culture & Sensitivity tests. I collaborated with the provider and NICU on how the baby was worsening and not getting better. 2. Patient Centered Care I educated mom and dad the reasoning as to why their baby was being sent to NICU and assured them that their baby is getting the care she needs to get better. 3. Safety and Quality I promoted safe identification practices by matching mom and baby's ID

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