

Mom & Baby Medication Worksheet

Medication	Mechanism of Action	Maternal Effects	Nursing Management
Methylergonovine Maleate	Stimulates the uterine muscle to contract	helps the uterus to shrink back to it's normal size	DO NOT GIVE if mom has HTN or cardiac disease monitor BP/HR monitor for vaginal bleeding
Prenatal Vitamin	enhances mom's diet before / during / after pregnancy	ensures sufficient nutrients to both mom & baby	Prevent constipation Educate on iron effects (dark stools, metallic taste, N/V/D)
Hydromorphone	Strong pain Reliever	helps moderate - severe pain from labor	Prevent constipation monitor respirations monitor sedation of baby if breastfed
Keterolac	NSAID pain Reliever	Pain relief typically after c-section	monitor for swelling & GI upset Reassess pain
Colace	Stool Softener	helps mom have a bowel movement after birth	assess for bowel movement

Hydralazine	vasodilator to ↓ BP	lowers her blood pressure	reassess BP monitor hypotension
Labetolol	Beta blocker to treat HTN	lowers her blood pressure & HR	monitor hypotension monitor bradycardia watch HR/BP