

Throughout my four shifts as a preceptor, I've worked in labor and delivery, and it has gone well. I've gotten to watch a ton of things happen already. The most exciting is probably the birth of new babies, but within that, there's a lot more that goes into play. I've done cervical checks, I've watched epidurals being placed, done catheters in watching C sections, and all the prep that goes into that, and even the prep that goes into getting a laboring mom to be able to deliver vaginally, such as turning, trying to get the baby to come down, and even the pushing process. The nurse I'm following Kim, has done a great job in allowing me to do things in having full confidence in me, which has made me feel like I also have the confidence to know what I'm doing. She always takes a step back, and it allows me to be independent, but also it's always there in case I need help, and always there if I have a question. I have really loved this preceptorship, and it's made a world of difference in my understanding of laboring moms and just what labor and delivery entails in general. We've had a lot of good days um not that they haven't been stressful but I think with the nurse I'm with everything feels like it can be managed so like my last shift we had a mom break water at 7 centimeters and within 3 minutes baby was already coming so we had to call for doctor and it was a situation where we had to act fast but in that moment Kim was so calm and I hope to also be that way if I am ever delivering babies because I can see how if she would have been chaotic how the whole situation would have been so much different. I'm really enjoying this time that I'm learning from Kim and everything she's teaching me um even from the entire unit, they've all been very helpful. I originally really wanted to go into ICU, but they have made me love working with Mamas and babies.